

metro

NEW YORK CITY NO. 1 FREE DAILY IN THE US

Thursday, December 21, 2017 metro.us | t: MetroNewYork | f: MetroNewYork

A RAW TAKE ON THE WESTERN

Christian Bale on why 'Hostiles' is tragically relevant. 17



How to spend your holiday week. 19

Belmont officially belongs to the Islanders. 26



**EASTERN
INTERNATIONAL
COLLEGE**



Earn Your BS or AAS Degree!

Diagnostic Medical Sonography - BS
Dental Hygiene-AAS (CODA approved)
Nursing (RN) - AAS*
Cardiovascular Technology-AAS
(CAAHEP approved)
Medical Assistant - AAS • *Upon Passing NCLEX

Locations: Jersey City Campus and Belleville Campus
888-363-6002 • www.eiccollege.edu

Ask about our Jersey City Dental Center Open to the Public,
Payments and Most Major Dental Insurances Accepted

HOLIDAY \$CAMMERS

'tis the season to

GIVE

Planning on giving back this holiday season?
Make sure you're actually spreading cheer
and not getting scammed with these tips. 6

WELCOME TO METRO.US



KRISTIN TOUSSAINT, REPORTER

The holidays bring out the charitable side in many of us, but unfortunately, others use the season to take advantage of such generosity. To help you give back without getting scammed, Metro spoke with a personal-finance expert at the consumer info site NextAdvisory. Check out the tips on page 6 and at metro.us.

NYC MAN SENTENCED FOR CONSPIRING TO HELP ISIS

IA New York City resident who pleaded guilty to conspiring to support ISIS was sentenced to 15 years in prison Wednesday, U.S. prosecutors said. Akhror Saidakhmetov, a 22-year-old citizen of Kazakhstan, was sentenced by U.S. District Judge William Kuntz in Brooklyn, according to the office of acting U.S. Attorney Bridget Rohde. Prosecutors said Saidakhmetov tried to travel to

Syria to join the militant group. Saidakhmetov was arrested in February 2015 as he was trying to board a plane to Istanbul. Prosecutors said he was planning to travel from there to Syria to join ISIS, along with Abdurasul Juraboev, an Uzbek national living in Brooklyn. Juraboev was also charged in the case. He pleaded guilty and was sentenced to 15 years in prison in October.

BITCOIN VALUE FALLS TO ONE-WEEK LOW

2Bitcoin fell more than 10 percent Wednesday to a one-week low of \$15,800 at cryptocurrency exchange Bitstamp, losing almost one-fifth of its value from a peak hit just three days ago. The digital currency has been sliding since it reached a record high of \$19,666 on Sunday,



when the exchange giant CME Group launched bitcoin futures, one week after its rival Cboe Global Markets listed the world's first bitcoin futures. Bitcoin's monumental gains this year — its price has soared about 19 times — have spurred caution and alarm among some policymakers.



FORECLOSURES FROM HURRICANE MARIA

3Protesters rally against foreclosures on Puerto Rican families affected by Hurricane Maria, outside the offices of TPG Capital in New York City. The activists claimed that TPG Capital's mortgage service companies are aggressively foreclosing on families in Puerto Rico.

CHIPOTLE RESTAURANT UNDER INVESTIGATION

4Shares of Chipotle Mexican Grill Inc fell as much as 3.3 percent after a report that public-health officials are investigating a possible illness outbreak in one of the company's restaurants in Los Angeles. An email from the Los Angeles Health Department's Acute Communicable Disease Control unit says the agency "is aware of reports of illness and is investigating," according to the

Business Insider report. Chipotle said the company is aware of a few online reports, but said there is no clinical validation associated with them. The company also said it has not been contacted by customers directly to substantiate these claims. At least three reports from customers on iwaspoisoned.com say they suffered from vomiting and diarrhea after eating at a Chipotle restaurant in Los Angeles.

UNITED THERAPEUTICS TO PAY \$210 MILLION

5United Therapeutics Corp. will pay \$210 million to resolve U.S. claims that the drugmaker used a charity as a conduit to illegally cover Medicare patients' out-of-pocket drug costs in order to eliminate price sensitivity and to boost sales. The U.S. Attorney's Office in Massachusetts on Wednesday announced the settlement, one of the first to emerge from an industry-wide investigation into pharmaceutical

companies' financial support of patient-assistance charities. Drug companies are prohibited from subsidizing co-payments for patients enrolled in the government healthcare program Medicare. But companies may donate to non-profits providing co-pay assistance as long as they are independent. Amid increased attention to rising drug prices in the United States, more scrutiny has focused on donations from drugmakers.

HOLIDAY TRAVEL

36%

Thirty-six percent of Americans will be traveling in-state to visit family and friends this holiday season.

Source: yougov.com



GETTY IMAGES



We're committed
to making you smile!

\$99

FIRST VISIT*

Includes Exam, X-rays & Cleaning

\$1,995

IMPLANT SPECIAL**

Includes Implant, Abutment & Crown

\$995

SNAP-ON SMILE SPECIAL***

Includes Free Initial Consultation

At Manhattan Dental Arts, we are pleased to offer you and your entire family exceptional dental care. Our professional full-service dentistry paired with our outstanding patient care is a winning combination. Our dentists pride themselves on establishing rewarding and lasting relationships. We pledge excellence in all we do and we are looking forward to helping you make the most of your smile now and for all the years to come.

- General, cosmetic & restorative dentistry
- Dental implants
- Invisalign®
- Crowns & veneers
- Teeth whitening
- Snap-On Smile®
- Emergency same-day dental treatment
- Evening & weekend appointments available

We also provide affordable dental financing options, accept most insurance plans, and offer an in-house discount dental program.

Call or visit our website today to book an appointment!

646.354.7620

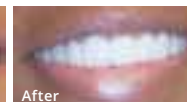
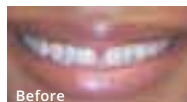
MANHATTANDENTALARTS.NET

Manhattan Dental Arts 1995 Broadway, Suite 200, New York, NY 10023



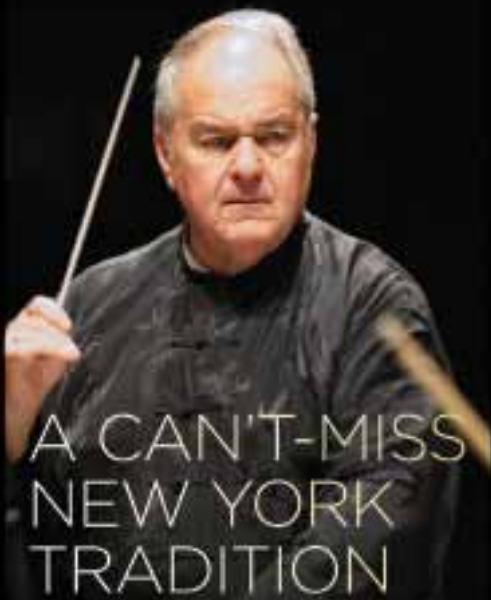
MANHATTAN DENTAL ARTS

Home of the Inventor of the
Snap-On Smile®



Must mention offers to receive discount. These offers may not be combined with any other offers, discount, insurance, or reduced-fee program. *New patients only. Includes comprehensive exam, all necessary X-rays as determined by provider and basic routine cleaning. In the event gum disease is diagnosed, patients will receive \$25 credit toward needed treatment in lieu of cleaning. ADA 0150, 0210, 0272, 0274, 0330, 1110. **Includes exam, all necessary X-rays as determined by provider, implant placement, healing screw, prefabricated abutment, and porcelain fused to noble metal crown. Custom abutments are additional. Restrictions may apply. Treatment needs may vary by patient. Not valid on previous treatment or treatment already begun. ADA codes may include 0150, 0210, 0272, 0274, 0330, 6010, 6199, 6056, 6058. ***Includes free initial consultation. Restrictions may apply. Treatment needs may vary by patient. Not valid on previous treatment or treatment already begun. The above-listed practice complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. All offers expire 60 days after receipt.

CARNEGIE HALL
presents



**A CAN'T-MISS
NEW YORK
TRADITION**

For more than 40 years, the New York String Orchestra's December concerts have been joyous New York traditions. Get your tickets now and enjoy the celebration.

**New York String
Orchestra**

Jaime Laredo, Conductor

Sunday, December 24 at 7 PM

Mozart's *Sinfonia concertante* in E-flat Major, K. 364, with violinist Pamela Frank and Jaime Laredo on viola, plus works by Haydn and Vivaldi

Thursday, December 28 at 8 PM

Richard Goode performs Mozart's Piano Concerto No. 20, with music by Mendelssohn and more

The Trustees of Carnegie Hall gratefully acknowledge the generosity of Mary Ellen and Eric and her husband in support of the 2017-2018 season.

These concerts are made possible, in part, by an endowment fund for young artists established by Ellen and Robert Jones.

carnegiehall.org | 212-247-7800
Box Office at 57th and Seventh

Artists, programs, and dates subject to change. © 2017 CHC. Photo by Kathleen Lane/WHM.

Bank of America
Proud Season Sponsor

NYPD to crack down on drunk driving over holidays

This week, though surely full of holiday brightness, is also the darkest week of the year, so city officials are pushing safe driving efforts.



KRISTIN TOUSSAINT
@kristindakota
kristin.toussaint@metro.us

As New Yorkers celebrate the holidays, the city is ramping up its efforts to keep pedestrians and drivers safe as part of Vision Zero.

Mayor Bill de Blasio announced Wednesday that city officials will crack down on drunk drivers over the holidays. The next few days also make this the darkest week of the year with the winter solstice, prompting the city to also redouble its efforts to keep pedestrians and drivers safe through the



Over the holidays, opt for a cab rather than driving while drunk, city officials urge. **FLICKR**

Dusk and Darkness campaign.

As the sun sets earlier in the winter, traffic injuries and fatalities increase, according to the city. The Dusk and Darkness campaign, which originally launched in Oct. 2016, helps educate drivers and enforce safe practices, such as obeying the speed limit, yielding to pedestrians when turning and expecting higher enforcement for violations, in hopes of lessening such

accidents.

The city also wants to discourage drunk driving around the holidays and is offering a discount code, 2NODWI, for \$10 off a taxi ride taken through the Curb app.

DWI-related traffic fatalities have a "dramatic increase" over the holidays, according to DOT data. NYPD will have a heightened focus on finding and arresting intoxicated drivers, including the use of random

checkpoints. The Taxi and Limousine Commission will deploy enforcement officers citywide, as well.

"As the holidays arrive, we can be grateful for Vision Zero's continued progress this year, as we have continued to drive down deadly crashes — particularly those involving pedestrians — while traffic fatalities nationally continue to rise," de Blasio said in a statement.

"But we cannot rest on that achievement, especially as we enter these most dangerous solstice days and celebrate holidays where New Yorkers may be tempted to drink and drive," he continued. "As part of its Dusk and Darkness efforts, the NYPD will be out in force, and its focused DWI enforcement will make sure we protect New Yorkers during this holiday season."

City added record number of protected bike lanes in 2017

New York City added a record number of protected bike lanes this year, breaking the previous record of 18 miles set in 2016 and nearly doubling the number installed in 2015, the Department of Transportation announced Tuesday.

This year saw a 25-mile expansion of the bike network that runs throughout the city for nearly 1,200 miles. Two-thirds of the new mileage was in the outer boroughs.

"Twenty years ago, the city took a big step forward with its first plan to build a bike lane network, and cycling is now growing by orders of magnitude, faster than any other mode of transportation in the city," DOT Commissioner Polly Trottenberg said at a press conference near the Williamsburg Bridge.

The location was chosen for the role the bridge will play in helping mitigate the thousands of New York-

ers who will be looking for alternate modes of transportation to and from Brooklyn and Manhattan during the L train shutdown in 2019, plans for which the DOT and MTA released last week.

The Williamsburg Bridge, the DOT said, currently has the highest cycling volumes of the East River crossings, with 7,580 cyclists daily. Bike-friendly improvements in its vicinity have included a new crossing for bikers and pedestrians, the creation of dedicated bike lanes and modifying traffic signals. **NIKKI M. MASCAU**



This map shows the expansion of NYC's bike network between 1997 and 2017, which saw a record 25 miles added. **FLICKR/NYC DOT**



Each sign lists the location of each of the 25 miles of protected bike lanes that were added this year. **FLICKR/NYC DOT**

Spectrum
BUSINESS

NEW

THE BEST

JUST GOT BETTER

NEW! HIGHER SPEEDS

100Mbps

FOR ONLY

\$44⁹⁹
/mo, when
bundled*

NO TAXES • NO HIDDEN FEES

PLUS, GET ADVANCED
SPECTRUM BUSINESS VOICE

FOR ONLY \$29⁹⁹
/mo,
per line**

NO ADDED TAXES



Switch to the best business services—all with **NO CONTRACTS.**

Call 866.502.3646 | Visit Business.Spectrum.com

Limited-time offer; subject to change. Qualified new business customers only. Must not have subscribed to applicable services within the previous 30 days and have no outstanding obligation to Charter. *\$44.99 Internet offer is for 12 months when bundled with TV or Voice and includes Spectrum Business Internet Plus with 100Mbps download speeds, web hosting, email addresses, security suite, and cloud backup. Internet speed may not be available in all areas. Actual speeds may vary. Charter Internet modem is required and included in price; Internet taxes are included in price except where required by law (TX, WI, NM, OH and WV); installation and other equipment taxes and fees may apply. **\$29.99 Voice offer is for 12 months and includes one business phone line with calling features and unlimited local and long distance within the U.S., Puerto Rico, and Canada. Phone price includes taxes, fees, and surcharges. Other Phone services may have applicable taxes and fees; installation and other equipment taxes and fees may apply. Standard pricing applies after promotional period. Services are subject to all applicable service terms and conditions, which are subject to change. Services and promotional offers not available in all areas. Restrictions apply. Call for details. © 2017 Charter Communications, Inc.

How to avoid holiday scammers

Make sure your donations count and you're not being fleeced with these tips.



KRISTIN TOUSSAINT
@kristindakota
kristin.toussaint@metro.us

For many people, the holiday season is a great time to give back. Unfortunately, that also means scammers are ready and waiting to take advantage of the holiday generosity. Metro spoke with Michael Osakwe from consumer info site NextAdvisor for tips on how to avoid holiday scams.

How common are holiday scams?

Michael Osakwe: There is no hard data on the number of charity scams that occur each year, but many experts suggest that scammers do go into high gear come holiday season. There is data suggesting that the holidays tend to

be the most popular time to give, so it's possible that this also plays some role in the increased frequency of scams during the season.

What's the first piece of advice for someone looking to find a charity to donate to?

In order to avoid trouble, individuals who want to donate this holiday season should stick to giving to charities they recognize or are otherwise familiar with. In the instance that someone develops an interest in a new cause or charity, they can use various registries like Give.org, Charity Navigator, Charity Watch or Guide Star to verify the legitimacy of the charity. The IRS also maintains a database of charities and organizations, too.

Who are the most vulnerable targets?

Since charity scams target anyone who wishes to



Plan on donating to charities this holiday season? Watch out for scammers, experts warn. GETTY IMAGES

donate, the truth is that everyone's vulnerable. You could possibly make an argument that since millennials have been considered the "most generous" generation and also the most likely to fall for scams that they're potentially more likely to encounter or fall for one of these scams, but there's no data directly

confirming this.

What are the biggest red flags that something is a scam?

Typically, all of the signs of a scam will be present within seconds of a scammer's initial approach. Scammers tend to be very general about their purpose because they usually engage victims

through mass unsolicited messages. Additionally, scammers' pitches tend to promote both a false sense of urgency and an emotional response, while legitimate charities encourage donors to give at their leisure.

How do you know if you've been scammed, and how can you

report it?

Unlike other scams, the pretense of donating to charity provides a really good context for taking money. Donors expect to part with their money after donating and don't necessarily follow-up with how an organization spends their contribution. In that regard, unless a scammer combines a charity scam with some other type of harmful behavior, like identity theft, it may be hard for a victim to learn they were scammed.

What else can people donate, besides money, that may prevent them from being scammed?

People should consider donating goods, like clothing or groceries, or their time to charities in their community. The good news is that the former is tax deductible, assuming the organization is authorized by the IRS to accept tax-deductible donations.

Orrefors 

Essential Drinkware
Perfect for the Holidays

Set of 4 Wine Glasses \$50

The MORE wine glass collection from Orrefors focuses on enhancing the everyday drinking experience. The full potential of every drink is brought to life with our carefully crafted glasses designed in Sweden.

Each MORE XL wine glass has a 20 oz. capacity. The MORE Collection can be found at Bloomingdales, other fine retailers and www.orrefors.us

WINTER SPECIAL



\$595*
Implant

*Must be completed at our office to qualify for promotional fees

**Complete tooth replacement
with post and crown**

\$1295*

**OFFER
EXPIRES**

12/30/2017

*All work must be completed at Elite Dental Implants
to qualify for promotional fee of \$1295 for Complete Tooth
Replacement. Limit 3 implants per patient.
Full payment due upon commencement of treatment.

Elite Dental Implants



New Queens Location
30-80 21st Street Suite C1,
2nd Floor,
Astoria, NY 11102

Manhattan Location
50 Broadway Suite 2001
New York, NY 10004

**3 Convenient
Locations**

*Speak with your
Smile Today!*

Long Island Location
601 Franklin Ave Suite 100
Garden City, NY 11530

FREE CONSULTATION
REPLACE MISSING TEETH PERMANENTLY

*Must bring this ad
on your first visit.*

646-791-8075

EliteDentalImplants.com

CALL

Se Habla Español

Mention you saw us in Metro Newspaper

TODAY!



Speaker Paul Ryan discusses the GOP plans for tax reform. GETTY IMAGES

What the newly passed tax bill means for you

Speaker Paul Ryan defended the bill in television interviews Wednesday morning, saying support for it would grow.

The Republican-controlled U.S. House of Representatives gave final approval on Wednesday to the biggest overhaul of the U.S. tax code in 30 years, sending a sweeping \$1.5 trillion tax bill to

President Donald Trump for his signature.

In sealing Trump's first major legislative victory, Republicans steamrolled opposition from Democrats to pass a bill that slashes taxes for corporations and the wealthy while giving mixed, temporary tax relief to middle-class Americans.

The House approved the measure, 224-201, passing it for the second time in two days after a procedural foul-up forced another vote on Wednesday. The Senate had passed it 51-48 in the early hours of Wednesday.

"We are making America great again," Trump said, echoing his campaign slogan at a White House celebration with Republican lawmakers. "Ultimately what does it mean? It means jobs, jobs, jobs."

Trump, who emphasized a tax cut for middle-class Americans during his 2016 campaign, said at an earlier Cabinet meeting that lowering the corporate tax rate from 35 percent to 21 percent was "probably the biggest factor in this plan."

It was uncertain when the bill would be signed. White House economic adviser Gary Cohn said the timing depended on whether automatic spending cuts triggered by the legislation could be waived. If so, the president will sign it before the end of the year, he said.

The administration expects the waiver to be included in a spending resolution Congress will pass later this week, a White House official told reporters.

In addition to cutting the U.S. corporate income tax rate to 21 percent, the debt-financed legislation gives other business owners a new 20 percent deduction on business income and reshapes how the government taxes multinational corporations along the lines the country's largest businesses have recommended for years.

Millions of Americans would stop itemizing deductions under the bill, putting tax breaks that incentivize home owner-

ship and charitable donations out of their reach, but also making tax returns somewhat simpler and shorter.

The bill keeps the present number of tax brackets but adjusts many of the rates and income levels for each one. The top tax rate for high earners is reduced. The estate tax on inheritances is changed so far fewer people will pay.

Once signed, taxpayers likely would see the first changes to their paycheck tax withholdings in February. Most households will not see the full effect of the tax plan on their income until they file their 2018 taxes in early 2019.

In two provisions added to secure needed Republican votes, the legislation also allows oil drilling in Alaska's Arctic National Wildlife Refuge and removes a tax penalty under the Obamacare health law for Americans who do not obtain health insurance.

"We have essentially repealed Obamacare and we'll come up with something that will be much better," Trump said.

Democrats were united in opposition to the tax legislation, calling it a giveaway to the wealthy that will widen the income gap between rich and poor, while adding \$1.5 trillion over the next decade to the \$20 trillion national debt. Trump promised in 2016 he would eliminate the national debt as president.

"Today the Republicans take their victory lap for successfully pillaging the American middle class to benefit the powerful and the privileged," House Democratic leader Nancy Pelosi said.

Opinion polls show the tax bill is unpopular with the public and Democrats promised to make Republicans pay for their vote during next year's congressional elections, when all 435 House seats and 34 of the 100 Senate seats will be up for grabs.

"Republicans will rue the day they passed this bill," Senate Democratic leader Chuck Schumer told reporters. "We are going to continue hammering away about why this bill is so unpopular." REUTERS

Painful Varicose Veins and Swollen Legs?

384 E. 149th STREET NOW OPEN!

Are you or a loved one suffering from the following symptoms?

- ☒ Varicose Veins
- ☒ Spider Veins
- ☒ Itching and Burning
- ☒ Leg Pain
- ☒ Leg Cramps
- ☒ Swollen Legs
- ☒ Skin Discoloration
- ☒ Leg Ulcers
- ☒ Blood Clots
- ☒ Difficulty Standing



We specialize in a wide range of treatment options including care of Peripheral Artery Disease (PAD) and wound care.

Covered by Medicare, Medicaid, and most insurance plans

Don't suffer another day! Call us now!

(917) 717-5135



www.USAVeinClinics.com

© February, 2017 USA Vein Clinics®. All rights reserved.

NEW YORK

Manhattan

1153 1st Avenue, Manhattan, NY 10065 2 3 Q R W
122 Fulton Street, Ste 500 New York, NY 10038 A C J Z 2 3
4159 Broadway, New York, NY 10033 A C 1 4 5 6

NEW ST NICHOLAS OFFICE

1264 St. Nicholas, Washington Heights, NY 10026 168 St A C 1
Brooklyn

NEW FLATBUSH OFFICE

924 Flatbush Ave, Brooklyn, NY 11226 Church Ave Q B 2 5
2511 Ocean Ave, Brooklyn, NY 11229 Q R B
2444 86th St, Ste A, Bensonhurst, NY 11214 D

NEW BRIGHTON BEACH OFFICE

2965 Ocean Pkwy, Ste 200 Brighton Beach Ocean Pkwy Q B

Bronx

5221 Broadway Ave, Bronx, NY 10463 1

NEW 149TH STREET OFFICE

384 E. 149th Street, Suite 201, Bronx, NY 10455 3 Av-149 St 2 5

Upstate NY

NEW 156 Route 59, Ste B1, Suffern, NY 10901

Queens

116-02 Queens Blvd Forest Hills, NY 11367 E F M R
30-33 Steinway St, Astoria, NY 11103 N Q M R
40-04 Forley St, Jackson Heights, NY 11373 F E M R 7
59-20 Myrtle Ave, Queens, NY 11385 J M Z L

Staten Island

1975 Hylan Blvd, Staten Island, NY 10306

Long Island

260 Sunrise Highway, Valley Stream, NY 11581

NEW JERSEY

766 Shrewsbury Ave, Ste 300, Tinton Falls, NJ 07724
81 Route 37 West, Toms River, NJ 08755

New poll: Only 18 percent of Americans would 'definitely' vote for Trump in 2020

The president's support has dropped among the key groups that put him in office.



MICHAEL MARTIN
@MetroNewYork
letters@metro.us

Only 18 percent of Americans would "definitely" vote to re-elect Donald Trump in 2020, with another 18 percent saying they "probably" would — leaving the president's support at about one-third of the electorate, a new NBC News/Wall Street Journal poll found.

In the survey released Wednesday, 38 percent of Americans said they would definitely vote for his Democratic challenger, with another 14 percent saying they probably would. Forty-five percent of respondents said the country is in worse shape since Trump

took office, and 30 percent say it's better off.

There are signs that the president's base is wobbling: Only 43 percent of Republicans said they would definitely vote for him. Among Democrats, 73 percent said they would definitely vote against Trump. Support among Trump's key constituencies has dropped: In the 2016 election, 66 percent of whites without a college degree voted for Trump, but today only 47 percent say they will vote for him in 2020. Similarly, 61 percent of rural voters went for Trump in the presidential election, but only 43 percent say they'll vote for his re-election.

The survey found that the Russia investigation may be taking a toll: 38 percent of Americans believe the Trump campaign colluded with Russia to swing the 2016 election, while

35 percent say there was no collusion, and 26 percent aren't sure. Forty percent of Americans now believe that Congress should hold impeachment hearings, including 70 percent of Democrats, 40 percent

of independents and 7 percent of Republicans.

The poll, conducted from Dec. 13-15, didn't take into account Wednesday's passage of the GOP tax bill, which Trump said was a "big, beautiful Christmas

present" for the American people, but the bill's contained benefits are geared toward corporations and the wealthy. The bill's elimination of the Obamacare individual mandate is projected to cause 13 million

people to lose health insurance over the next decade. Poll respondents were clear in their disapproval of the tax plan: 41 percent said it was a bad idea, compared to 24 percent who said it was a good one.



A new poll shows that Trump may have a tough road to re-election. GETTY IMAGES

MIDDLE EAST

Trump threatens to cut aid to UN members over Jerusalem vote

President Donald Trump on Wednesday threatened to cut off financial aid to countries that vote in favor of a draft United Nations resolution calling for the United States to withdraw its decision to recognize Jerusalem as Israel's capital.

"They take hundreds of millions of dollars and even billions of dollars, and then they vote against us. Well, we're watching those votes. Let them vote against us. We'll save a lot. We don't care," Trump told reporters at the White House.

The 193-member U.N. General Assembly will hold a rare emergency special session on Thursday - at the request of Arab

and Muslim countries - to vote on a draft resolution, which the United States vetoed on Monday in the 15-member U.N. Security Council.

The remaining 14 Security Council members voted in favor of the Egyptian-drafted resolution, which did not specifically mention the United States or Trump but which expressed "deep regret at recent decisions concerning the status of Jerusalem."

U.S. Ambassador Nikki Haley, in a letter to dozens of U.N. states on Tuesday seen by Reuters, warned that Trump had asked her to "report back on those countries who voted against us."

She bluntly echoed that call in a Twitter post: "The U.S. will be taking names." REUTERS

Redefining Wellness.

VILLAGECARE

A leader in New York City
health and wellness for over 35 years.

(877) 822-7369

www.villagecare.org



Baby Boomers Benefitting From Knee Arthritis Treatments

10-Minute Technology Guided FDA-Cleared Painless Medical Treatments.. Allows Patients To Stay Active

New York City - Nothing is more true. A life with constant pain is not a life worth living. And if you can't stay active and do all the things you love - like walking, playing golf, tennis, vacationing etc. It's not really a life at all.

...the Pain Is More Like A Prison

And for generations, knee arthritis has given good, hard working people a life sentence of pain and suffering. To make things worse, slick marketers only add to the pain by promising wonder cures. Late night television and your mail box are filled with "wonder arthritis cures" that make wild claims and sound too good to be true . . . ***Because They Are***

Nothing is worse than getting your hopes up - spending your hard earned money - only to be let down time after time.

It is easy to give up...

But while marketers were peddling "wonder cures," real doctors and researchers were hard at work trying to discover a real medical solution. Modern medicine eradicated small pox and polio. Through laser eye surgery, doctors can give almost blind people perfect 20/20 vision. The potential cures on the horizon with breakthroughs like stem cell and regenerative therapies are endless.

Solve The Riddle Of Arthritis Pain?

For the past 3 years, that's exactly what a medical clinic in New York City has been doing. The ***NYC Pain MD*** doctors have been able to help thousands of knee arthritis sufferers with cutting-edge treatments and technology older generations could only dream about. One of these treatments in particular has helped thousands of patients ease or eliminate pain and go back to doing their favorite activities like: walking, playing golf, tennis and many more. The treatment is called viscosupplementation. *But wait.* This is NOT the typical viscosupplementation. So if you are one of the many knee arthritis sufferers who already had viscosupplementation and did not get great results - what you are about to discover should be very important. to you in particular. It might even get you out of pain.

Here is why: During viscosupplementation, a special lubricating gel is put directly into your arthritic knee joint. This not only helps the knee joint to glide more smoothly, it acts as a cushion, protects the joint. and relieves a lot of pain. This is often referred to as "joint oil." In many cases, when done properly, this can dramatically lessen knee pain for up to 6 months and much longer in many cases.

And even better - if this treatment works for you the first time - it can be safely repeated when necessary and the results are often better for some.

Like Threading A Needle?

The key to this treatment being successful is actually getting the special lubricating gel directly into the joint where it can go to work. That's why the doctors at ***NYC Pain MD*** use very advanced digital imaging that allows them to see directly into the joint and make sure the lubricating gel "hits the spot" and the treatment has the best odds for success. Studies show that doctors doing these types of procedures without this special imaging actually miss the joint space up to one third of the time!



"I've had trouble with my knee walking. I'm a golfer and want to play golf but I couldn't. I made the call and went and it's the best thing I ever did. It's just - now I can play golf, I can walk, I can climb stairs, I can do things I did many years ago".

"It's the smartest thing ever did" "Since I've been going for the treatment for my knees I don't take any pills, I take not over the counter medication.."

"This a good alternative to surgery." "I am so glad I went. I'm so confident I feel so good about it and I recommend It to everybody."

William La Spina . Golf Enthusiast

(While we cannot guarantee that all knee arthritis pain sufferers will respond like the patient noted above, we can say these results are possible.)

Why Treatment Can Fail

This is why viscosupplementation can fail for some people. It is also why many knee arthritis sufferers come to ***NYC Pain MD*** after failed treatments elsewhere... and are finally able to get relief. It is not uncommon for patients to travel hours for these advanced and precise treatment methods.

Patients Should Be Assured About Precision Treatments

If you have already had this procedure without this advanced imaging... Or if it was not used throughout the procedure, there is a good chance you did not get the maximum results you could have and should have.

What The Research Says About Results:

Can We Slow Down Arthritis? A retrospective study of nearly 1000 cases of knee arthritis between 49 and 79 years old was done by an orthopedic surgeon in Louisiana. Patients with Grade 4 or "bone to bone" who presented for consideration of knee replacement were instead put on a program of image-guided gel injection procedures. Follow up almost 4 years later revealed that about 3 of 4 had done well and had not need surgery...regardless of age or even if overweight.

Another study was done by Pearl Diver research group who reviewed 198,000 files of those who underwent this type of treatment. Follow up 2 years later revealed 82% had not required surgery.

Massive Cost Saving For Patients, Insurance Companies & Medicare?

While surgery may be the best option for some...for others, due to fear of surgical risk, medical ailments that may prohibit surgery or for those that are just seeking less invasive alternatives, the costs savings can be staggering. In a study published in the American Journal of Managed Care, a potential savings of \$4706.00 per patient if treated with viscosupplementation was estimated. In a theoretical population of 100,000 (NYC is over 10 million) over a 3 yr. period, 808 knee replacements were projected to be avoided and up to \$9,131,819 could potentially be saved by patients, medicare and insurance carriers. *This should be welcome news for rising health care costs.*

Who Can Benefit From This Treatment?

This treatment is not for everyone. But it may be for you if you have sensations of grinding or rubbing, pain on simple weight bearing, getting up from sitting or even simply

Treatments Their Parents Could Only Dream About

Patients Go Home With Just A Band-Aid On The Knee... No Surgery - No Hospital

when bending your knees, struggling up and down stairs (like subways), have pain on walking, feel tight and stiff after activities or in the morning or just cannot move like you used to. If this sounds like you, then seeing one of the specially trained doctors at **NYC Pain MD** could be the best thing you could do for yourself. But it is suggested you do not wait as arthritis can easily worsen with more time.

And this is very important - especially for those who have had viscosupplementation in the past without good results. Many patients who did not have good results elsewhere are often able to get a favorable results because of the advanced imaging technology and procedure experience at **NYC Pain MD**.

Even doctors themselves are often patients at NYC Pain MD.

How to Find Out If The Experts At NYC Pain MD Can Help You

If you have knee arthritis pain and would like to see if this treatment might help you - the experts at **NYC Pain MD** offer a complimentary screening appointment.

This screening will help determine if you are a candidate for treatment and also gives you a chance to get all your questions answered.

If you are a candidate, you will leave knowing that you found the possible way to lessen or even eliminate your knee pain for 6 months or more for many patients.

There is no obligation and if you are not a candidate - the doctor will help you find the best approach for your particular case and refer you to the proper sources. To set up a screening at no cost, simply call **800-741-5340**

The NYC Pain MD 'X' Factor ?

NYC Pain MD is a high-tech medical facility equipped with all the necessary equipment to treat appropriate candidates right in their own in-office procedure suites. What does this mean for you? It means no stressful hospital, no intimidating surgical center or out patient facility visits.

This also means you don't have to be "Rich and Famous" because by avoiding all those "fancy" facilities you don't have to bear their severe costs which can often be several times the cost of the treatments themselves. Your experience is far more relaxing with personalized attention. The treatment is gentle. You will go home with nothing but a one inch band-aid on your knee. Many go home or right to work after these virtually painless treatments. There is little to no downtime.



The Secret To Knee Pain Relief? With precision advances in medical science and technology the caring doctors at **NYC Pain MD** have been able to help so many relieve their pain and get their active lifestyle back.

How To Get A No-Cost Screening & Find Out If This Knee Arthritis Treatment Is For You

The popularity of this treatment is startling. New Yorkers are lining up weekly to find out if they are candidates... patients looking for options other than surgery that really work. But because this is a real medical treatment - it is not for everyone. That's why the experts have setup an easy screening visit.. This screening will help determine if you are a candidate for additional examination and possible

treatment. This screening is offered at no cost to the patient. All your questions answered and you will find out if this treatment is for you. Zero risk or obligation. Just call 800-741-5340 Tell them, "I would like the kneescreening." They will take care of everything. Due to demand, spots are limited - call immediately to avoid unnecessary waiting. The number to call is: 800-741-5340

More Good News About Insurance: Many insurances including Traditional Medicare (part B) help cover modest to significant portions of these care programs

To set up a complimentary screening, just call **800-741-5340**. But if you want a screening, we recommend calling right now. Due to time limitations, the center can only offer a limited number of screening per month. They decided to limit the number because they believe in giving every patient the individual time and attention they deserve.

Midtown:
57 West 57th Street
New York NY

Downtown:
65 Broadway
New York NY



800-741-5340
www.PAINMDNY.com

This rate is ripe for picking!



Open your
CD account
and **start growing**
next year's harvest!

Bring this ad to any Popular Community Bank
branch or visit **PopularCommunityBank.com**
to open your account.



POPULAR
COMMUNITY BANK.



1. Promotion begins on 10/16/17 and expires on 12/23/17. Popular Community Bank, in its sole discretion, reserves the right to change or terminate this offer at any time. This offer is available in all Popular Community Bank branches and via our website www.popularcommunitybank.com. To qualify for the promotional Annual Percentage Yield (APY), new or existing customers must open a 13-month CD with a required minimum balance and opening deposit of \$1,000 in new money. New money is defined as deposits not previously held with Popular Community Bank. APY assumes principal and interest remain on deposit until maturity. A penalty will be imposed for early withdrawal. Fees may reduce earnings on the account. Promotional Rate is valid on the initial 13-month term. Automatically renews with the same term and rate applicable at the time of renewal. Banco Popular North America (referred to herein as "Popular Community Bank") is a member of the FDIC and operates under the assumed name "Popular Community Bank" in the markets in which it operates. Accordingly, Popular Community Bank and Banco Popular North America are the same FDIC-insured institution. ©2017 Banco Popular North America. **Member FDIC.**

Meet Oumuamua, the interstellar object some say is a UFO

Even after research dictates otherwise, some people are still convinced it's a sign of aliens.



SAM BRODSKY
@sammybrods
Samantha.Brodsky@metro.us



Oumuamua translates to "a messenger from afar arriving first." **BREAKTHROUGH LISTEN/FACEBOOK**

Oumuamua. No, that's not a typo. It's the name the first known interstellar object to enter our solar system. The discovery was made by the Pan-STARRS1 telescope system based at the University of Hawaii's Institute for Astronomy (IfA).

Oumuamua, or as it translates to in Hawaiian, "a messenger from afar arriving first," was clocked at 196,000 mph when it passed by the sun.

Last week, scientists from Breakthrough Lis-

ten, a project devoted to finding signs of intelligent life, scanned Oumuamua with the Robert C. Byrd Green Bank Telescope in West Virginia for such activity (read: aliens).

Their search across four radio bands "spanning billions of individual channels" showed no evidence of intelligent life, but people are still arguing that when it comes down to it, Oumuamua's resemblance to an alien spaceship couldn't just be

a coincidence.

Theories circulating the internet include that it's something out of "Star Trek" or, of course, "Star Wars."

Alan Fitzsimmons, a professor at Queen's University Belfast and lead author of the recent paper detailing this data, told Metro that though the idea of UFOs is exciting, it's "unfortunately wrong." He stated that it is just "a natural object created around another star."

QUALITY DENTURES

THE SAME DAY

NY's Place for same day dentures for over 40 years.

Smile with Confidence

\$100 off each NEW denture! EXP: 12/31/17

NEW PATIENT PACKAGE

MAINTENANCE
CLEANING
DIGITAL X-RAYS

\$89

With This ad only. One per patient.
First visit only. Coupon expires 12/31/17
*some restrictions may apply

NEW PATIENTS Only

ONE
DENTURE
RELINE

\$194

With This ad only. One per patient.
First visit only. Coupon expires 12/31/17
*some restrictions may apply

FREE CONSULTATION

DENTURE REPAIRS AND RELINES WHILE-U-WAIT!

MOST INSURANCE PLANS WELCOME

SENIOR Cit. Discounts on new dentures and crowns

Full Service State-of-the Art Cosmetic Dentistry

224 West 35th St., New York, NY 16th Floor (between 7th and 8th Avenues)

Call Now!

212-689-0024

www.denturecenter.com

Cannot be combined with other offers

After net neutrality, major internet providers won't rule out charging for 'fast lanes'

On the heels of the Federal Communications Commission's vote to repeal net neutrality last week, none of the seven major internet service providers will rule out establishing "fast lanes" for certain sites.

Net-neutrality rules had prevented "paid prioritization," in which an ISP like Verizon or Comcast could charge sites like YouTube or Netflix more in exchange for faster loading and streaming times, and sites that didn't pay could be placed in "slow lanes." After the repeal of those regulations, seven major ISPs — Verizon, AT&T, Comcast, Charter, Cox, Sprint and T-Mobile — would not rule out starting up fast and slow lanes, the Associated Press reported Wednesday. Most said they had "no plans" to do so, and



Federal Communications Commission Chairman Ajit Pai GETTY IMAGES

some didn't answer the question. Several said they wouldn't block or slow down certain sites.

In terms of fast lanes, Verizon, AT&T, Sprint and T-Mobile didn't answer an AP query about whether they would create them. Comcast, Charter and Cox said they had no plans to.

As to whether the companies would block or slow down sites, AT&T and Comcast said they "will not" do it; Charter and Cox said they had "no plans" to do it; and

Sprint, T-Mobile and Verizon would not address their future plans.

The Trump-appointed head of the FCC, Ajit Pai, held a vote last week on net neutrality, which was repealed on a 3-to-2 party-line vote. The next stop is the courts: Several state attorneys general have sued to preserve net neutrality. During the public-comment period leading up to the vote, more than 23 million comments were left on the FCC website, a record. But up to 2 million of those comments were found to have misused Americans' identities. New York State Attorney General Eric Schneiderman has been investigating the fraud and asked Pai to delay the vote. But it went ahead, and Schneiderman said the FCC has refused to cooperate with his investigation. MICHAEL MARTIN



EXCLUSIVE HOLIDAY CHARM AND ORNAMENT INSPIRED BY THE RADIO CITY ROCKETTES®

\$85

PANDORA®

THE RADIO CITY
ROCKETTES®



750 7th Ave, New York NY 10019 • (Between 49th & 50th street)
9AM - 9PM • 7 Days a week • 212.262.7600
Martiniquejewelers.com • Martiniquejewels@aol.com
Jewelers in Times Square since 1963

While supplies last at participating retailers and online. Void where prohibited. No substitutions. Ornament not available for individual purchase. Gifts with purchase must be returned with qualifying purchase or value of gift with purchase (\$35) will be deducted from return.

© 2017 Pandora Jewelry, LLC • All rights reserved

MANHATTAN

Best Dental Care

A beautiful and healthy smile has never been more affordable

50%OFF

We Are Giving You 10 Reasons To Smile:

Oral Exam, Consultation.....	Free
Oral Cancer Screening.....	Free
X-Ray With Teeth Cleaning.....	\$175
Implant With Porcelain Crown.....	\$1499
Invisalign Clear Braces.....	\$4999
Zirconia Porcelain Crown.....	\$700
Zoom Teeth Whitening.....	\$399
Overdentures With Implants.....	\$4490
Porcelain Veneer.....	\$700
Root Canal.....	\$700

80-45 Kew Gardens Rd. Kew Gardens, NY 11415 (718) 261-2005

Call for Free Consultation

1623 3rd Ave., Suite # 204 New York, NY 10128 (212) 722-4088

www.manhattanbestdentalcare.com

Thanks To The High Volume Of Satisfied Patients We Could Reduce Our Prices Again!

Interest Free Payment Plans From \$0 Down

Scrotox: Millennial men are Botoxing their balls. Here's why

These guys are taking manscaping to a whole new level.

CASSIE HEPLER
@MetroNewYork
letters@metro.us

Botox is popular among people looking to improve the appearance of their faces, but there is an emerging trend in the world of plastic surgery that gives Botox a

new purpose. It's called Scrotox, and as the name suggests, it's for your balls, guys.

According to experts, more millennial men are jumping on the ball-

Botox bandwagon and taking manscaping to a whole new level. Scrotox is a nonsurgical cosmetic treatment of the scrotum with neurotoxin or Botox injections. Botox

is injected directly into the testicles to decrease sweating, reduce wrinkles and make the scrotum appear larger due to the relaxation of the muscles. The result, doctors say, is an improved appearance.

Gotham Plastic Surgery surgeon Douglas S. Steinbrech points to more benefits, like allowing testicles to hang down further, relieving testicular pain and enhancing sexual activity.

"This idea came to fruition because I have a male practice and I have patients coming in and asking for every sort of improvement for their bodies and faces, and this was a logical extension of my practice. I have patients that came in and wanted more of a relaxed area down there and didn't like the look of that area with so much 'shrinkage' as they would say on the 'Seinfeld' show," said Steinbrech, who practices in New York City as well as Beverly Hills. "This procedure is increasing in popularity with my patients in New York and in Los Angeles."

Is Scrotox safe?

Though Scrotox is not FDA-approved, Steinbrech believes Botox is safe to inject in the testicular area. The procedure takes about four minutes and the Botox takes two to seven days for the muscle to relax. There is not any significant swelling, he said, and the patient can return to work immediately after the procedure and go to the gym the same day. The age group for this procedure is somewhere between the early 20s through the 50s, with most patients in their 20s and 30s.

Dr. Kerem Bortecen of NYC Surgical Associates points to the psychological benefits of Scrotox, which he says can potentially enhance a man's sexual performance by boosting self-confidence. But Dr. Bortecen's views on the safety of the procedure are mixed.

"Some experts believe Scrotox could have a potentially negative effect on sperm count and effec-

tiveness," he told Metro. "Testicles are outside of the body for a reason; sperm functions better at a lower temperature than the body temperature."

The scrotum helps regulate body temperature, contracting and relaxing the testicles close to and away from the body, Bortecen said. Injecting Botox into this area could have an effect on this function and therefore potentially affect sperm count. There is also the possibility that Botox could spread inside the body to a man's testicles.

"I believe there is still more testing and research to be done both on short-term and long-term effects before recommending this to patients," Bortecen said. "It's a strictly cosmetic treatment with no health benefits; however, I do think it could be beneficial to men who are self-conscious about their scrotum who are looking for a solution."

A male patient who asked to remain anonymous said he heard about Scrotox from a male physician friend who gets it himself as "his girlfriend didn't care or think it was weird or anything."

At around \$500 a pop, this patient's doctor predicted it will last about 3 months and he's built about \$2,000 a year into his budget for the procedure.

"It will make my balls appear bigger as well as smoother, which will make sex better. I also understand it will assist with limiting sweat as well. It will make my scrotum more pleasant looking and not wrinkly. It will make sex better as my scrotum will be smooth like a baby's butt," he said.



The Scrotox procedure takes approximately four minutes. ISTOCK

NOW is the time to take care of YOUR BODY!

- ✓ Varicose Veins
- ✓ Leg Ulcers
- ✓ Spider Veins
- ✓ Pain/Burning
- ✓ Restlessness
- ✓ Heaviness
- ✓ Swelling
- ✓ Itching
- ✓ Fatigue
- ✓ Cramping

Frustrated with previous treatments, services and poor results?

Trust the doctor that cares about you!



- **Personal** & discrete care delivered directly Ronald Lev, MD
- **Certified** by the American Board of Venous and Lymphatic Medicine and the American Board of Anesthesiology

- **No downtime**
- **15 minute** minimally invasive procedures
- **Consistently** ranked #1 Vein Doctor in NYC by our patients

Tired of long diets, juice cleanses & lotions?

Smart Lipo Laser Body Countouring

GET RID OF...

- ✓ Body Fat
- ✓ Sagging Arms
- ✓ Double Chin
- ✓ Cellulite & more



ADVANCED
VARICOSE VEIN
TREATMENTS OF MANHATTAN

TreatmentsofManhattan.com
DRLEV@TREATMENTSOFMANHATTAN.COM

212.204.6501

Most Vein Treatments Covered by Major Health Insurances including Medicare

NEW MIDTOWN LOCATION
369 Lexington Ave.,
Suite 18A (bet 40th & 41st St),
New York, NY 10016
close to 4, 5, 6, 7, S, F and
Metro North

111 John St, Ste 1450
(Bet Cliff & Pearl St),
New York, NY 10038

**EVENING
APPOINTMENTS
AVAILABLE!**
¡Hablamos
Español!

Cable TV companies may begin to crack down on password sharing

The days of passing your login around among friends could be numbered.



LENYON WHITAKER
@MetroNewYork
letters@metro.us

If you're currently using someone else's password to binge watch your favorite television series, or if you share your own password with others, a heads up: Those days may be coming to an end, Charter Communications CEO Tom Rutledge said during the annual UBS Global Media and Communications Conference.

Rutledge says password-sharing is a growing problem, with millions of people sharing their login credentials with others, which can cause pay-TV companies to lose billions of dollars.

"There are lots of extra streams, there's a lot of extra passwords, there are lots of people who could get free service," Rutledge said during the conference.

Bloomberg reported Charter has been looking into ways to deal with cable subscribers sharing logins and passwords and has already asked Viacom to help limit password-sharing

by reducing the number of streams allowed per login on its apps. Rutledge told Bloomberg that one "unidentified channel owner" had 30,000 simultaneous streams from one a single user account.

According to Rutledge, channel owners are to blame for allowing passwords and logins to be shared, saying they don't do enough to make sure their apps are secure.

"They devalued their own product in a dramatic way," Rutledge said.

Justin Connolly, the executive vice president for affiliate sales and marketing for ESPN and Disney networks believes when account owners share their passwords with others that it's a form of "piracy."

"It's people consuming something they haven't paid for," he

said to Bloomberg. "The more the practice is viewed with a shrug, the more it creates a dynamic where people believe it's acceptable. And it's not."

Companies such as Netflix already limit users to two streams at the same time but they offer a plan that allows for four streams.

While it may be a

cost-effective way to share the experience of streaming popular TV shows, don't be surprised if TV companies begin to charge users more for multiple

streams or increase the prices of their current services. The next time you to fire up that HBO app using your buddy's password you may find disappointment.

ARE YOU CURRENTLY TAKING A MEDICATION BUT STILL FEELING

DEPRESSED?

If you're 18-65 years old, have been diagnosed with Major Depressive Disorder, and are experiencing the symptoms below, you may be eligible to participate in a clinical research study of an investigational product. All study related drug and visits will be provided to you at no cost.

**HOPELESSNESS • SADNESS •
LOSS OF INTEREST
DECREASED ENERGY
DIFFICULTY CONCENTRATING**



FIEVECLINICALRESEARCH

CALL TODAY! (212)772-3570

Ask About Our Refer-A-Friend Program



Don't be surprised if TV companies begin to charge users more for multiple streams. ISTOCK

Mindy Kaling is a cool mom now



It's official: Mindy Kaling is now a mother. Aw! E! News reports that the 38-year-old actress/writer/kween welcomed a daughter, Katherine Kaling, on Dec. 15.

When news broke about Kaling's pregnancy in July, a source told E! News that it was "an unexpected surprise." Kaling has declined to identify the father of her child, but said on the "Today" show that she was "really excited" about the experience.

"It's so unknown to me," she said. "I have a lot of control over a lot of aspects in my life, and this is one where I'm like, 'OK, it's out of my hands,' which is kind of a fun feeling."

Kaling had been largely mum during the pregnancy, instead letting the likes of Oprah and her "Mindy Project" co-stars to do the talking for her.

Congratulations, Mindy! The name Katherine Kaling is classy AF. You did good, babe.

Eva Longoria is preggers

Eva Longoria is pregnant! Probably because babies are the one trend that never goes out of style.

A rep for the "Desperate Housewives" alum confirmed the news to Page Six. This will be the 42-year-old's first child — a boy — with husband José "Pepe" Bastón, whom she married in May 2016. Bastón has three children from a previous marriage.



The world could use more babies, I guess.
ALL PHOTOS GETTY IMAGES

The pregnancy came as a "total surprise" to the couple, but The Blast reports that they are "ecstatic." Longoria has postponed shooting on a new movie so that she can focus on the

pregnancy and family instead. That's fun! I predict that like 2017, 2018 will be the Oprah giving away cars of having babies. You get a baby, you get a baby, YOU GET A BABY!

the word

Janet Jackson makes like it's 2006 again

Janet Jackson has moved on.

The 51-year-old is reportedly back together with ex-boyfriend Jermaine Dupri, 45. The couple were together for seven years before breaking up in 2009.

A so-called insider tells Us Weekly that after Jackson's tumultuous split from Wissam Al Mana earlier this year, Dupri reached out. "They are getting to know each other all over again... They are 100 percent back together and in love."

The insider also says that Jackson and Dupri had no contact during Jack-



Ah, the sweet smell of early aught flavored romance.

son's marriage to Al Mana. "[They] had zero communication — she would not talk to him."

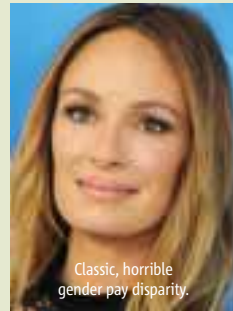
Makes sense: Previous sources claim that Al Mana was controlling. In April, a source told Page Six, "She thought [Al Mana] had become too controlling during the pregnancy and she had already allowed him to dictate her appearance and even the way she performed at concerts."

Anyway, yay! I'm glad these two came back to each other. It's like a Christmas miracle, or something.

Catt Sadler quits E! News

Tuesday, Dec. 19 was Catt Sadler's last time gracing television screens on E!. The news anchor announced, via Twitter, that she was stepping down from her longtime role after learning that a "similarly situated male co-host" earns almost double her salary.

The 43-year-old wrote on her website that a company executive informed her about this "massive disparity in pay." After the network reached out to renew



Classic, horrible gender pay disparity.

and extend her contract, she discovered that her co-host was making "close to double my salary for the past several years."

"The gender pay gap is shrinking, although admittedly we have a long way to go," Sadler wrote. "[H]ow can I operate with integrity and stay on at E! if they're not willing to pay me the same as him? Or at least come close?"

E! followed up with a statement to People, saying that they "compensates employees fairly and appropriately based on their roles, regardless of gender." Sure.

E! could not be reached for immediate comment.

SAMANTHA BRODSKY

The Future of
Foot Surgery has arrived
at NY Podiatric Medicine



Don't hide them... **WE CAN HELP!**
Specializing in Surgery and Aesthetics
of the Foot.

Dr. Andrew Glass DPM
212-867-2500

**NEW YORK PODIATRY
MEDICINE AND SURGERY**



Cutting Edge Means
Less Cutting

**MINIMALLY
INVASIVE**

Bunion & Hammertoe Surgery

We have performed thousands of these
procedures with state of the art technology

www.nymidtownpodiatry.com

MIDTOWN

315 Madison Ave., Suite. 2301 • 212-867-2500

As seen on and

All Photos of
Actual Patients



**HAMMERTOE
CORRECTION**

MOST INSURANCE PLANS ACCEPTED

FREE CONSULTATION WITH THIS AD

Christian Bale on why 'Hostiles' is tragically relevant

Sitting down with the Academy Award-winning actor, whose latest film is a decidedly raw take on the Western.

GREGORY WAKEMAN
@MetroNewYork
gregory.wakeman@metro.us

Christian Bale didn't expect his latest film, "Hostiles," to be so timely when he first read the script.

But as social unrest has multiplied all over America, the Western — which tells the story of a U.S. cavalry officer escorting a dying Cheyenne war chief and his family from New Mexico to Montana in 1892 — has taken on a greater relevance.

"It wasn't something that I thought about



Bale stars as Captain Joseph J. Blocker, a man of few words. ENTERTAINMENT STUDIOS

whilst deciding to make it," Bale explains. "I decided to make it because I just thought it was a great story.

"It looks as who we are, who these characters are, and who America is in a raw and visceral way," he continues. "And

seeing the division, the comfort that in this country people have started to express, directing hatred toward those who are different. It has become relevant. Tragically relevant."

In "Hostiles," the Bale plays Captain Joseph J. Blocker, a man of very

few words. And the famously Method actor went to great lengths to learn about the life

and culture of the Cheyenne, as well as the language itself, with help from an indispensable member of the crew, Chief Phillip.

"He would do a blessing each morning. Producers and ADs were understandably a bit [claps hands], because they were like, 'Crack on. Crack on.' But it was a wonderful thing. Because it really settled us and

gave a good sense of community to all of the filmmakers.

"You'd have all these hard-arse wranglers and stuntmen bawling their eyes out," he continues. "The nature of the film was a very raw one. And it helped immensely. It was very meaningful and separated it from the herd, and those films that are just rush, rush, rush."

All of which has combined to give "Hostiles" an integrity that is often lacking from other Hollywood stories, especially when it comes to Westerns.

You'll be able to spot this for yourself when "Hostiles" is released in New York on Dec. 22, while it will be extended across the rest of the country over the next few weeks, into the New Year.



GETTY IMAGES

FURNISH YOUR
ENTIRE HOME
OR OFFICE

— for up to —

70% OFF
RETAIL PRICES
Every Day!

starting at... **\$199.99**

SOFA & LOVESEAT SETS

now only... **\$399.99**

5-PIECE BLACK BEDROOM SET
(Dresser, Mirror, Queen Headboard, 2 Nightstands)

An AFR Exclusive!

22-PIECE APARTMENT PACKAGE

(INCLUDES: Sofa, Loveseat, Cocktail Table, 2 End Tables with 2 Lamps, 20" Night Stand, Dining Table with 4 Side Chairs, Headboard, 2 Nightstands with 2 Lamps, Mirror, Dresser, 2 Art Prints)

starting at... \$899.99

Office Chairs
STARTING AT \$24.99

Office Desks
STARTING AT \$149.99

TV Stands
STARTING AT \$19.99

Stop In For More Amazing Deals!

afrc
CLEARANCE CENTER

Visit Your Local
AFR® Clearance Center
& Start Saving Today!

Like Us On Facebook!

SECAUCUS, NJ
30 Enterprise Avenue North
Secaucus, NJ 07094
201.241.2400
Mon-Fri 11AM-8PM / Sat 10AM-6PM / Sun 12PM-5PM

DELIVERY SERVICES **MASSIVE SHOWROOM** **PREMIUM STYLES** **UNBEATABLE PRICES**

New & Previously Rented Furniture **EXPERIENCE MORE AT AFRCC.COM**

*Photos are for advertising purposes only and may not reflect the condition of current sale merchandise. Prices reflect previously rented merchandise. Other restrictions may apply. See store for details.

A 4-ounce flute of champagne is only 95 calories, average. You can toast to that on New Year's Eve! **ISTOCK**



Get lit, stay fit

Are you currently using Mirena®
(levonorgestrel-releasing intrauterine system) 52 mg?



If so, we have 3 questions for you.

- Are you 33 years of age or younger?
- Did you have a Mirena® placed during 2012?
- Are you interested in continuing to use Mirena®?

If you answered yes to all of these questions, you may be eligible to participate in a clinical study.

Potential participants may receive:

- Free medical exams and laboratory evaluations related to the study
- Reasonable compensation for your time and travel

For more information, please contact:

Kenneth Levey, MD MPH
Maiden Lane Medical,
90 Maiden Lane, NY NY 10038
718-841-7520

APPROVED: Jan 20, 2017
CONFERNCUS GROUP INC

Here are alcoholic beverages 110 calories and under.



KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

Perhaps you've decided to start dieting during the holidays, because you like to make things difficult for yourself. Or, alternately, you've been making good progress on your weight-loss plan and don't want to let all the holiday merriment derail you.

Either way, if you're still planning to drink a bit over the break, it helps to minimize the calorie intake without sacrificing that Yuletide buzz.

Behold, here are your best bets for alcoholic bevies at 110 calories or fewer. As always, please drink with moderation, pace yourself, drink water between alcoholic drinks and don't drink on an empty stomach.

Tequila, vodka, whiskey or gin and soda

(96-110 calories, average)

Soda water is your friend. It's hydrating, carbonated to keep you from getting bored, and it has zero calories; what's not to love? It's a refreshing mixer, especially with a squeeze of lemon or lime. As far as what to mix it with, here's the breakdown calorie-wise.

Note: A typical measurement for a mixed drink is a 1.5 ounce jigger of alcohol — although some bartenders will do a 2 ounce pour — so that's what we'll be basing these calculations on. You

could mix your drinks with 1 ounce of alcohol, but you can do better.

On average, there are 96 calories in a 1.5 ounce jigger of tequila. Vodka has a hair more, with 97/1.5 ounce on average, while whiskey clocks in at around 105, and gin, 110.

Rum and Diet Coke (98 calories on average)

Listen, don't go crazy like Donald. A couple Diet Cokes in an evening will not kill you, just don't have 12. (Besides, each mixed drink will likely only use about one-third of a can at most.) At 98 calories average per 1.5 ounces, rum mixed with Diet Coke (*zero calories*) is an A-OK sub for your classic Cuba Libre (rum and Coca-Cola) which is more like 150 calories.

Champagne (95 calories/4-ounce glass)

Oh good, another bubbly friend! Your average 4-ounce flute of champers is only 95 calories. You can toast to that on New Year's Eve.

Lite beer breakdown (95-110 calories per 12-ounce can or bottle)

Lite beer: It doesn't taste too, too bad, right? Anyway, which will gets you the best deal, calorie-wise?

Budweiser Select 55, Beck's Premier Lite (63 calories) and Miller 64, while a bit harder to find, are gonna be the lowest of the low.

As for the standard options, Amstel Lite is 95 calories, Miller Lite, 96, Michelob Ultra, 96, Corona Lite, 99, Coors Lite, 102, and Bud Lite, 110.

How to spend your holiday week

things to do



Bar Gonzo is launching brunch on Christmas Day. PROVIDED

We've got some suggestions for how to spend your hard-earned free time next week.



EVA KIS
@thisiskis
eva.kis@metro.us

Meet the internet's new obsession

Netflix's original movie "A Christmas Prince" has taken over the internet's hearts while also making us doubt our sanity. The story of a plucky American journalist who goes to the fictional country of Aldovia to spy on its playboy prince should be terrible, and it very much is, but we also can't help but love it. It's the television equivalent of not being able to stop eating an entire bag of chips. So if you've been as busy as the rest of us, so get some wine and enjoy the most unexpected new holiday classic. netflix.com

A free treat with your museum visit

Get to know your city better at the Museum of the City of New York, where the first 100 visitors each day from Dec. 26-31 get a free hot chocolate from Amy's Bread (one of the best in the city, if we do say so). While you're there, check out how New Yorkers fell in love with ice skating, the most influential public art in the city's history, a '60s fashion retrospective and a century of political activism by women. 1220 Fifth Ave., Upper East Side

See the newly revamped Puffs

Off-Broadway's smash hit play about the kinda-talented but hard-working wizards living in Harry Potter's shadow has now been going for over a year! Even if you've seen

Puffs or: Seven Increasingly Eventful Years at a Certain School of Magic & Magic before, the show got a revamp this summer with new sets and creatures for its move to a bigger home at New World Stages. They've added several additional showtimes for the holiday week, with family-friendly weekend matinees. You'll love their take on the misfits caught up in Harry Potter's drama. 340 W. 50th St., Theater District

Hide out in a rooftop rum shack

Not into the cold weather, holiday cheer or just life right now? Appease your inner Grinch with a tropical escape on the third floor of the massive new Bar Gonzo, now open on the West Side. Don't you feel better already, picturing yourself with a tiki cocktail in hand on a beach far away from reality? The bar channels the vibes of a '70s party spot with California-meets-Mediterranean food by chef R.L. King, who previous set the mood at the McKittrick Hotel. Look out for the launch of brunch on Christmas Day with an all-inclusive buffet from noon to 6 p.m. 511 Ninth Ave., Hell's Kitchen

Become more crafty

Rebel against the consumerism of the season by turning trash into treasure at the New York Hall of Science's annual holiday ReMake the Holidays event, going on Dec. 27-30. You'll work with various materials each day — Dec. 27 (textiles), Dec. 28 (paper), Dec. 29 (plastic), Dec. 30 (wood) — to create handmade keepsakes from stuff that otherwise would've gone to pollute our city. All activities are free with museum admission. 47-01 111th St., Corona, Queens



NOW ACCEPTING
HEALTH FIRST
OF NY

Do you suffer from the following **FIBROID** symptoms?

- ☒ Heavy Bleeding
- ☒ Bleeding Between Periods
- ☒ Bloating, Protruding Belly
- ☒ Pelvic Pain
- ☒ Reproductive Dysfunction
- ☒ Constipation
- ☒ Frequent Urination

Don't Hesitate, Call Today:
(718) 504-6414

Get Treatment to Relieve Your Pain at USA Fibroid Centers!

- Uterine Fibroid Embolization treatment
- Minimally invasive & non-surgical
- Short recovery and no hospitalization
- Covered by Medicaid (including Health First) & Most Insurance Plans

10 CONVENIENT LOCATIONS:
BRONX • BROOKLYN • QUEENS
LONG ISLAND • MANHATTAN

USA
FIBROID[™]
CENTERS

Get Your Life Back

Set Yourself Free from Fibroids



Eat the holiday traditions of the world

Christmas looks a little different on every table. We asked some of New York City's chefs to share the stories behind the dishes they're serving for the season. **EVA KIS**



Raviolo al Uovo

Bushwick's Michelin-starred hand-milled pasta restaurant Faro is celebrating the Italian-American tradition of the Feast of Seven Fishes. The meal started as a Roman Catholic tradition in southern Italy on Christmas Eve, when they would abstain from red meat while keeping vigil for Jesus' birth. The star of chef Kevin Adley's updated tasting menu is the Raviolo al Uovo filled with salt cod brandade: "We really jazz it up by putting it in a raviolo with an egg yolk and covering it with caviar and potato cream."

Dec. 24, \$95 (wine pairing \$50), 6-10 p.m., 436 Jefferson St., Brooklyn, 718-381-8201, farobk.com



Sicilian Christmas Pizza

Italians have a pizza for every occasion, and it's Sicilian Christmas Pizza time. Known in Italy as Sfinzione de San Giovanni, this treat is only served on special occasions. Sicilian-style pizzas are rectangular, with a chewy, focaccia-like crust, but chef Steven Koutsoumbaris of Allora Italian Kitchen in Bayside, Queens, puts "a Detroit-style spin on it with a thick deep-dish crisp crust," he says. "The pizza is baked with caciocavallo cheese and tomato sauce, topped with breadcrumbs and shaved Parmigiano Reggiano cheese."

Available now through New Year's Day, \$32 pie, \$7 slice, 210-35 26th Ave., Queens, allorakitchen.com

Manele au Chocolate

Santa Claus does his work a little differently in Europe. In France, children celebrate Saint Nicolas Day on Dec. 6, when chef Antoine Westermann of Le Coq Rico recalls a man dressed as Saint Nick would come to his school with a basket full of manele, an Alsatian brioche shaped like a gingerbread man, which the children would eat with fresh warm milk. To make the manele a little sweeter, Westermann substitutes the traditional raisins for the eyes and buttons with chocolate chips in his Manele au Chocolate, available during lunch service on Christmas Eve.

30 E. 20th St., 212-267-7426, lecoqriconyc.com



Christmas Eve Bouillabaisse

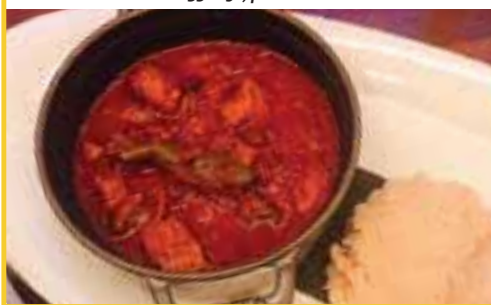
French-Brazilian newcomer Brigitte will be serving a Christmas Eve Bouillabaisse, the most famous soup of the Mediterranean region and traditionally eaten on Christmas Eve in France. "While its home is considered to be Marseilles, it's often made in the little ports throughout the coastal regions of Provence — the inspiration of Brigitte's menu," explains chef Thomas Besnard. "The origin of bouillabaisse as told by the Marseillais is that Venus served bouillabaisse to her husband Vulcan in order to lull him to sleep while she consorted with Mars." That said, you may think of it as a delicious way to stay warm during these short, wintry days.

Dec. 24, \$32, 37 Canal St., 646-649-3378, brigittes.com

Sorpatel and Sannas

Chef Floyd Cardoz celebrates all 12 days of Christmas with specials changing every day at his modern Indian restaurant Paowalla, but his Sorpatel and Sannas is on the menu every day through Christmas Eve. It's a dish that he and his family have enjoyed every Christmas when he was growing up in Goa, and every year upon his return his grandmother would make it again. Sorpatel is a rich curry stew made with pork belly and liver, cooked four times (boiled, fried, smoked, then stewed), served with steamed rice cakes (sannas).

Through Dec. 24, 195 Spring St., SoHo, 212-235-1098, paowalla.com



Setting the mood for love

Christmas isn't widely celebrated in Japan, but most people see it as a romantic holiday and will go out as a couple — think of it like Valentine's Day in December! So the dishes on SakaMai's Christmas Eve menu aren't traditional to Christmas, but the izakaya and sake bar does strive to bring Japanese culture and some aphrodisiacs together with a luxurious tasting menu of dishes like Egg on Egg on Egg (sea urchin, sturgeon caviar, scrambled egg), Zensai (duck prosciutto, oil pickled oyster, mochi isobeyaki) and butter-poached Lobster Mazemen.

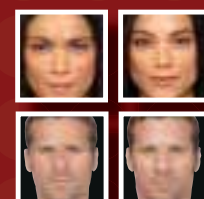
Dec. 24, \$120 per person, 157 Ludlow St., Lower East Side, 646-590-0684, sakamai.com



UNWRAP THE HOLIDAY BOW-TOX

50% off Botox® & Fillers

MUST MENTION CODE 12 GIFTS. OFFER VALID UNTIL 12.31



try.lexingtonplasticsurgeons.com/12gifts | 113 E. 39th Street (b/w Park and Lexington Ave)

Call for a Free Consultation. 646-798-1243



YOUR WEEKEND STARTS NOW

TELEVISION

"The Alienist" costume installation

While you're holiday shopping at the Columbus Circle Holiday Market this weekend, take a moment to check out the new costume and art installation that's just gone up ahead of the Jan. 22 premiere of TNT's "The Alienist." A psychological thriller set in 1896 starring Luke Evans and Dakota Fanning, the show offers some sumptuous lace gowns, silk gloves, lined vests and more inspired by New York's Gilded Age — with a killer twist. Through Jan. 5, Time Warner Center, 10 Columbus Circle, Free, turner.com

THEATER

"Mary Shelley's Frankenstein"

People forget that one of the original monster stories, "Frankenstein," was written by a woman. The Romantic Century's new production rights that wrong by weaving in Mary Shelley's letters and diaries from the time — when she became a mother — to create a parallel narrative about a man creating a monster. The production stars Paul Wesley ("The Vampire Diaries") and features music from the 19th century by Liszt, Schubert and Bach. Dec. 21-Jan. 7, 2018, Pershing Square Signature Center, 480 W. 42nd St., \$40-\$140, romantic-century.org

PARTY

Ugly-sweater party

Attic Rooftop might be known for its club vibes during Saturday

Night Rise, but this weekend is all about Friday. Revelers are invited to wear a little more clothing than they're used to rocking at the Midtown venue to look the part for an Ugly Sweater Party. Come dressed for it and you'll be able to get inside without a cover charge. You'll want to line up before 10, when there will be an hourlong open bar just before the night really kicks off — in true seasonal style.

Dec. 22, 10 p.m.-4 a.m., Attic Rooftop, 251 W. 48th St., free-\$20, theattic-nyc.com

Under the Mistletoe pre-Christmas bash

There are many ways to interpret the giving season, and DUMBO nightlife hotspot Lady's is giving us their take on it with Under the Mistletoe. Ladies (obviously) get the best deal, with no cover all night and an open vodka bar; men can get in on the fun with no cover before midnight. We're hoping there's plenty of actual mistletoe for an extra incentive (which does not replace consent, gentlemen). Music for the event will come from Fuji Slims, Will Gates and Trueblends.

Dec. 23, 11 p.m.-4 a.m., Lady's NYC, 572 Fulton St., Brooklyn, Free, ladysnyc.com

TRIVIA

"Elf" trivia night

Hey, Buddy. Do you like Elf, the 2003 film starring Will Ferrell — or do you like Elf way too much? If it's the latter, you might actually stand a chance against the die-hard trivia players and movie fans who are likely to show up Saturday at Stone Creek. You can play solo, but that's not really in the Christmas spirit, now is it? Otherwise, it might

make more sense to reserve tickets for your whole team in advance. Drinking is encouraged, just don't eat the yellow snow.

Dec. 23, 5 p.m., Stone Creek Bar and Lounge, 140 E. 27th St., free (RSVP), triviaad.com

COMEDY

Breakfast with Santa & Elfprov

Elves can be a little mischievous; it's just in their nature. But when you start shaping their story, and it's all improvised live onstage while Santa's busy taking notes on what kids want for Christmas, it's bound to get even sillier than usual. Comedians entertain families in this annual event at the Broadway Comedy Club, creating scenes with audience input while they enjoy a continental breakfast and wait to take photos with Santa. Bring your own camera (aka phone).

Dec. 23, 9:30-11 a.m., Broadway Comedy Club, 318 W. 52nd St., \$25-\$50, fpny.org

CRUISE

Cocoa and Carols holiday cruise

Get in the holiday spirit on the Cocoa and Carols Holiday Cruise. It's just what the name promises: You'll sail around the harbor for nearly two hours, taking in the views on the Hudson and East rivers. Cookies and cocoa are included, plus one adult beverage (with a cash bar available for more, natch). Singers perform with a live band — and you're encouraged to join in! Through Dec. 30, Chelsea Piers, Pier 62 at W. 22nd St., \$64, fareharbor.com

T. MICHELLE MURPHY

MUSIC



LIZ LIGON

Make Music Winter

If you like pagan rituals or making noise in public, then you'll love Make Music Winter. New Yorkers gather in all five boroughs to make beautiful music together in honor of the solstice (there's also one in June). Simply find your local meet-up (there are over 12) and learn what you need to do; your team might produce chanting, jazz, smartphone sounds or even thumb-piano (yes). Then parade to your endpoint, which ideally will be your chapter's designated after-party!

Dec. 21, noon-8 p.m., multiple locations, free, makemusicnyc.org

KWANZAA CELEBRATION REGENERATION NIGHT



SAT, DEC 30 AT 2PM & 7:30PM

TICKETS
\$20 - \$35

FEATURING

ABDEL SALAAM'S FORCES OF NATURE DANCE THEATRE & LES NUBIANS

APOLLO THEATER BOX OFFICE | TICKETMASTER 800-745-3000 | TICKETMASTER.COM | FOR GROUPS (10+) CALL (212) 531-5355

APOLLO

apollotheater.org
@ApolloTheater
#KwanzaaApollo

Holidays at the Apollo sponsored by Coca-Cola

PAMPER Yourself

or someone special with one or more of our gift certificate specials!

NEW!! INTRODUCING FRACTIONAL LASER

\$99 reduces wrinkles, stretch marks, acne scarring, pores, improve tone & texture

SNOWFLAKE Deep Pore Facial with Slimming Body Wrap \$75	SANTA CLAUS Mini Facial with Oxygenation or Hi-Frequency Facial \$65	SNOW ANGELS Aromatherapy Manicure & Pedicure \$45	FROSTY Collagen Mini Facial \$35
LASER HAIR REMOVAL Any Area Mix or Match 6 for \$399	RUDOLPH Deep Pore Cleansing Facial with Microdermabrasion \$75	MISTLETOE Full Body Wax 2 for \$99	KRIS KRINGLE UV Gel Manicure 4 for \$70

180 7th Avenue South
New York 10014
www.nylaser.net

(212) 229-1389

Specials cannot be combined with other specials. Specials cannot be used on the same day as purchase.
Expires December 24, 2017

BUY 3 GET 1 FREE OR \$100 OFF 1 CYCLE FREEZE FAT!



Get all the tropical ambiance without the crowds in the Cook Islands. GETTY IMAGES

The must-see destinations of 2018

Get your calendar out — we've rounded up the new hot cities and things to do in the coming year.

Fodor's Travel

Cook Islands

Why it's wonderful: If you want overwater bungalows and overpriced everything, by all means, hit Tahiti or Bora Bora. But if you are looking to explore island life in the South Pacific, zip around Rarotonga, the largest of the Cook Islands, on a moped, or hop islands by boat. Visit Maori markets, hike the lush inlands, explore caves and lagoons — all at a fraction of the South Pacific costs.

When to go: The Cook Is-

lands doesn't really experience a rainy season, but it can be slightly cooler from June to August.

Salar de Tunupa, Bolivia

Why it's wonderful: Backpackers have been piling out onto the world's largest salt flats, el Salar de Tunupa for years. It's only now that this high-altitude corner of Bolivia is seeing an influx of quality accommodations and tours making this salty playground more accessible.

Travelers normally arrive here at the end of three days of surreal landmarks, including the blood-orange Laguna Colorada where thousand-strong flocks of James' flamingos congregate, and the Dali-like rock formations that rise out

of the desert. But the salt flats are the real stars of the show, a surreal white landscape of crisp, unblemished hexagons of salt bookended by sky-skimming volcanoes.

When to go: The salt flats are at their most magical between February and March, when the rainy season transforms them into a vast mirror.

Split, Croatia

Why it's wonderful: It just needs to be said — Split is weird. When you first enter town, it looks like the same drab, box-like architecture that so dominates much of Communist Europe, but soon you'll see it: Diocletian's Palace. It started oh-so-long ago as a retirement home for the Roman emperor Diocletian in the fourth century

and has evolved into a vibrant maze of bars and restaurants, shops, and even apartments. In the evenings in warmer months, gather in the square and sit among, or even on, the ruins and drink at Luxor — it's touristy, but worth it.

When to go: May or September, when it's warm but not over-touristed.

Armenia

Why it's wonderful: Armenia's rugged mountains and fertile valleys, full of ancient monasteries and traditional villages, are an eco-tourist's dream, and new hiking trails and apps are making it easier to explore the country's great outdoors. Since a 6,000-year-old winery was discovered by archaeologists in Areni village in southern Armenia a decade ago, the area's winemaking has been experiencing a rebirth.

When to go: Spring and fall are best for outdoor exploration and regional festivals, such as the autumn wine harvest in Vayots Dzor. Yerevan's 2,800-year-anniversary celebrations in October 2018 are sure to be exuberant.

Prince Edward Island, Canada

Why it's wonderful: Prince Edward Island is an irresistible combination

of rolling green hills and excellent beaches and seascapes, with bountiful shellfish, a gentle pace and a lively music scene.

Find a white, golden, pink, or red-sand beach and swim in the warmest waters north of the Carolinas. Or, walk out to explore the seabed at low tide. Polish off a couple dozen world-famous Malpeque oysters, then head to Moth Lane Brewing to taste stout made with the shells by the lobster fisherman-turned-brewer.

When to go: Summer is high season, although there's lots to do late spring to early fall and the weather can be fine. Lobster seasons run May until late June and August through October.

Taipei

Why it's wonderful: It's been 30 years since Martial law ended in Taiwan, and since then, the country has begun to introduce itself to the world. Taipei is a city that honors tradition, as is evidenced by the temples that dot the urban landscape, some, such as Longshan Temple, date back centuries, but it also looks forward. Though still off the usual Asia backpacker trail, Taipei does boast a relatively modest flow of tourists through its varied districts, from the glitz of Xinyi to the grit

of Wanhua, to the seaside beauty of Danshui and the natural splendor of the mountain trails that surround the coastal metropolis.

When to Go: Fall is by far the most comfortable time to visit after the intense summer heat, and before the winter damp. It's also time to partake in a traditional Moon Festival outdoor BBQ.

French Flanders, France

Why it's wonderful: Often overlooked, French Flanders is a region that includes Lille and Dunkirk, cities that are all rich in culture, activities, nature and sightseeing. Dunkirk is one of the top seaside destinations in France, with stunning beaches and over 400 shops to visit. According to the French, Lille is France's most underrated city with Europe's biggest annual street market (braderie) in September reason alone to visit. In between Lille and Dunkirk, there are also dozens of hills where people can enjoy nature.

When to go: Visit Lille during the first weekend in September for the braderie, and visit Dunkirk between January and March for Carnival festivities.

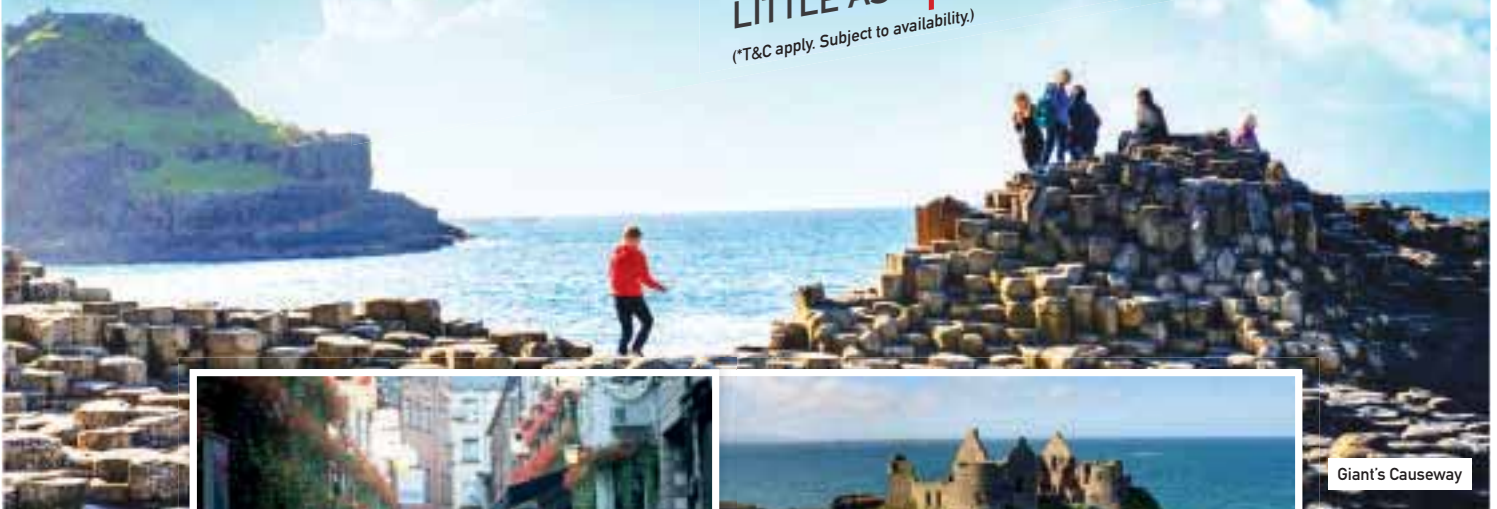
Discover more must-visit destinations at metro.us.





FLY DIRECT TO BELFAST

FROM STEWART INTERNATIONAL AIRPORT
FOR AS
LITTLE AS **\$99*** ONE WAY WITH
NORWEGIAN
(*T&C apply. Subject to availability.)



Belfast's Cathedral Quarter



Dunluce Castle

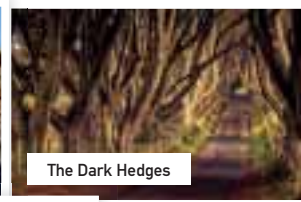
Giant's Causeway



St. George's Market in Belfast



Carrick-a-Rede Rope Bridge



The Dark Hedges



Titanic Belfast



Belfast Castle

Getting to Northern Ireland is easy with Norwegian.

Belfast is home to stunning nature, historical castles, and a thriving cultural center - a perfect jumping off point to discover Northern Ireland. Enjoy direct flights from New York's Stewart International Airport to Belfast when you fly Norwegian, voted the World's Best Low-Cost, Long Haul Airline for the 3rd year in a row by Skytrax.

Jump into
Ireland 

Book your flights now at norwegian.com



Don't miss out on all the holiday events at ski resorts around New England.
ALL PHOTOS BY OKEMO

Holiday events at New England ski resorts

Spend the holidays on the slopes this season. **ERIC WILBUR**

EXPERT ADVICE CRUISE.COM LOWEST PRICE

LOWEST CRUISE PRICES GUARANTEED plus No Booking Fees

ULTIMATE CRUISE SAVINGS EVENT!
up to \$1700 Onboard Credit, up to \$1700 Cash Back, Free Gratuities, 30% OFF ALL Guests, Get up to 4 Amenities, Free Upgrades, Free Internet, Free Beverage Package, Free Specialty Dining, Reduced Deposit, 3rd/4th Guest Sail Free or Shore Excursion Credit on select sailings & categories

ALASKA CRUISES		CARIBBEAN/BAHAMAS	
7-Day Alaska \$529*	7-Day Alaska \$599*	10-Day Caribbean \$489*	7-Day Bahamas \$549*
7-Day Alaska \$599*	7-Day Alaska \$649*	7-Day Bahamas \$579*	8-Day Caribbean \$749*

Deals of the Week
7-Day Bermuda Cruise
\$559*

EUROPE CRUISES		EXOTIC CRUISES	
7-Day Europe \$379*	10-Day Europe \$499*	7-Day Bermuda \$549*	7-Day Bermuda \$649*
7-Day Europe \$539*	7-Day Europe \$699*	10-Day Panama \$689*	15-Day Hawaii \$1399*

800-395-6127

I was in Florida over the weekend, so it isn't as if I should entirely bemoan about missing out on the weather in the Northeast. But that knowledge didn't stop a local high school student, who coaches at Attitash Mountain Resort on the weekends, from informing me how I had missed out on the best pre-holiday weekend in recent memory.

While others shopped over the last full weekend before the Christmas rush, he skied the leftover powder that dropped up to two feet of snow last week in parts of New England, free from the crowded slopes to come during the school vacation crush which is only days away.

One of the biggest stretches on the resort calendar begins this weekend, with plenty of holiday cheer to go around, all at a slope near you.

There's an entire calendar of events planned at Sunday River Mountain Resort in Maine, beginning with a Christmas Eve worship service at Barker Lodge, fireworks and family dinner reservations available at

the midmountain Peak Lodge. It's a family-filled affair at Vermont's Burke Mountain as well, with visits from Santa, holiday sledding, pizza parties, skiing, snowboarding and much more.

Things are more geared toward the adults though at Stratton Moun-

tain. The kids have their own shindig, the craft-filled Little Elves Toyshop Kid's Après Party (appropriate for ages 4-12).

Dozens of ski areas across the region also have New Year's Eve plans lined up. The lifts will be running until midnight at Wachusett Mountain, which will also have live entertainment in the Coppertop Lounge and fireworks at 10 p.m. The celebration at Okemo Mountain Resort is fit for the whole family as well, also including fireworks and an evening torch parade down the hill.

Cranmore Mountain Resort will host its event-filled Cranapalooza in North Conway, New Hampshire, King Pine will have skiing and riding until 9 p.m. with a bonfire and torchlight parade, and Mount Snow Resort will welcome 2018 in style with a family-friendly nightclub-style event that includes hors d'oeuvre station, party favors and a champagne toast at midnight. (\$45 for adults, \$25 for children).

Be sure to check your favorite ski area or resort's calendar for a full listing of events.



Okemo Mountain Resort will have a host of family-friendly activities during the holidays.

Why Haven't Senior Homeowners Been Told These Facts?

Keep reading if you own a home in the U.S. and were born before 1955.

It's a well-known fact that for many senior citizens in the U.S. their home is their single biggest asset, often accounting for more than 50% of their total net worth.

Yet, according to new statistics from the mortgage industry, senior homeowners in the U.S. are now sitting on more than **6.1 trillion dollars** of unused home equity.¹ With people now living longer than ever before and home prices back up again, ignoring this "hidden wealth" may prove to be short sighted.

All things considered, it's not surprising that more than a million homeowners have already used a government-insured Home Equity Conversion Mortgage or "HECM" loan to turn their home equity into extra cash for retirement.

However, today, there are still millions of eligible homeowners who could benefit from this FHA-insured loan but may simply not be aware of this "retirement secret."

Some homeowners think HECM loans sound "too good to be true." After all, you get the cash you need out of your home but you have no more monthly mortgage payments.

NO MONTHLY MORTGAGE PAYMENTS?² EXTRA CASH?

It's a fact: no monthly mortgage payments are required with a government-insured HECM loan;² however the homeowners are still responsible for paying for the maintenance of their home, property taxes, homeowner's insurance and, if required, their HOA fees.

Another fact many are not aware of is that HECM reverse mortgages first took hold

when President Reagan signed the FHA Reverse Mortgage Bill into law 29 years ago in order to help senior citizens remain in their homes.

Today, HECM loans are simply an effective way for homeowners 62 and older to get the extra cash they need to enjoy retirement.

Although today's HECM loans have been improved to provide even greater financial protection for homeowners, there are still many misconceptions.

For example, a lot of people mistakenly believe the home must be paid off in full in order to qualify for a HECM loan, which is not the case. In fact, one key advantage of a HECM is that the proceeds will first be used to pay off any existing liens on the property, which frees up cash flow, a huge blessing for seniors living on a fixed income. Unfortunately, many senior homeowners who might be better off with HECM loan don't even bother to get more information because of rumors they've heard.

That's a shame because HECM loans are helping many senior homeowners live a better life.

In fact, a recent survey by American Advisors Group (AAG), the nation's number one HECM lender, found that over 90% of their clients are satisfied with their loans.

While these special loans are not for everyone, they can be a real lifesaver for senior homeowners like Betty Carter, who recently took out a HECM loan with AAG so that she could finally get the extra cash she needed to fix up her house.

"With the help of AAG, I have been able to repair my home's foundation that I had been putting off for several years, refinish the hardwood floors,



FACT: In 1988, President Reagan signed an FHA bill that put HECM loans into law.

paint the interior and will have the exterior painted within a few days. My house is starting to look like my home again and it feels good," says Carter.

The cash from a HECM loan can be used for any purpose. Many people use the money to save on interest charges by paying off credit cards or other high-interest loans. Other common uses include making home improvements, paying off medical bills or helping other family members. Some people simply need the extra cash for everyday expenses while others are now using it as a "safety net" for financial emergencies.

If you're a homeowner age 62 or older, you owe it to yourself to learn more so that you can make an informed decision. Homeowners who are interested in learning more can request a free 2017 HECM loan Information Kit and free Educational DVD by calling American Advisors Group toll-free at 1-800-791-1598.

At no cost or obligation, the professionals at AAG can help you find out if you qualify and also answer common questions such as:

1. What's the government's role?
2. How much money might I get?
3. Who owns the home after I take out a HECM loan?

You may be pleasantly surprised by what you discover when you call AAG for more information today.

¹Source: <http://reversemortgagedaily.com/2016/06/21/seniors-home-equity-grows-to-6-trillion-reverse-mortgage-opportunity>. ²If you qualify and your loan is approved, a Home Equity Conversion Mortgage (HECM) must pay off any existing mortgage(s). With a HECM loan, no monthly mortgage payment is required. A HECM increases the principal mortgage loan amount and decreases home equity (it is a negative amortization loan). AAG works with other lenders and financial institutions that offer HECMs. To process your request for a loan, AAG may forward your contact information to such lenders for your consideration of HECM programs that they offer. Borrowers are responsible for paying property taxes and homeowner's insurance (which may be substantial). We do not establish an escrow account for disbursements of these payments. A set-aside account can be set up to pay taxes and insurance and may be required in some cases. Borrowers must occupy home as their primary residence and pay for ongoing maintenance; otherwise the loan becomes due and payable. The loan also becomes due and payable when the last borrower, or eligible non-borrowing surviving spouse, dies, sells the home, permanently moves out, defaults on taxes or insurance payments, or does not otherwise comply with the loan terms. American Advisors Group (AAG) is headquartered at 3800 W. Chapman Ave., 3rd & 7th Floors, Orange CA, 92868. (Licensed Mortgage Banker-NYS Department of Financial Services; American Advisors Group operates as American Advisors Group, Inc. in New York). V2017.08.23_OR

These materials are not from HUD or FHA and were not approved by HUD or a government agency.



It's official: Isles headed home

Islanders were officially awarded the land near Belmont Race Track in Nassau County after press conference on Wednesday.



JOE PANTORNO
@JoePantorno
joseph.pantorno@metro.us

"Welcome Home to Long Island."

That's what a placard read, adorned with a New York Islanders logo, atop the podium in which one of the most important announcements in franchise history was made.

In a press conference held Wednesday morning — with a multitude of dignitaries in attendance including Islanders co-owner John Ledecky, captain John Tavares, alternate captain Cal Clutterbuck and recording artist Billy Joel — the New York Gov. Andrew Cuomo

helped reveal that the Islanders have been awarded the right to build a brand-new arena that will cost \$1 billion near the site of Belmont Race Track in Elmont, New York.

"For me today, it's personal. I spent a lot of time growing up on Long Island. ... The Islanders were the Long Island hockey team. That's who the Islanders were. And then, they left. And they went to the Barclays Center. It's nice, but it's in Brooklyn," Cuomo said. "The Islanders are from Long Island. And when they left and went to Brooklyn, Long Island lost something. It was sad. Because they were so much a part of the identity and the culture and the character. ... They left a hole in the heart of Long Island."

The Islanders moved to Brooklyn in 2015 after 43 years at their original home, the Nassau Coliseum in Uniondale.

It was a move that simply did not work out. A difficult trek for the epicenter of their fan base and an arena not built for hockey saw low attendance figures and a franchise failing to live up to a big-market status despite playing in New York City.

The Islanders still need to negotiate their way out of the 25-year lease with the Barclays Center, making an opt-out official by Jan. 30.

But for a franchise that hasn't attained Stanley Cup success since 1983, the news today certainly felt like the largest win in decades.

"This will be the first time in Islanders history that they will be in a world-class facility," NHL commissioner Gary Bettman said. "Yesterday was the 100th anniversary to the day of the first NHL game being played and what better way to start the next 100 years than to proceed with this great de-

velopment at Belmont."

The new arena is expected to hold 18,000 patrons for concerts and special events. It will likely hold 16,500 for NHL games.

A 200-to-250-room hotel, 435,000-square feet of retail space and a cultural center will also be developed by the Islanders, Sterling Project Development and Oak View Group.

While all the bells and whistles will be nice, Long Islanders will be most excited about the arena being just seven miles down Hempstead Turnpike, from the old Coliseum.

There will only be parking spots for around 2,000 cars, but the MTA will be extending service to the revamped Belmont LIRR station year-round.

In total, 12,000 construction jobs will be created while the arena is being built. Another 3,100 permanent jobs will be available upon completion.



Are you or a loved one suffering from Alzheimer's disease?



Visit The Memory Disorders Center at
Columbia University Medical Center –
New York State Psychiatric Institute

**RECEIVE A FREE MEMORY EVALUATION &
ACCESS TO CURRENT RESEARCH STUDIES**

Evaluations may include:

- ♦ Neuropsychological testing for memory and cognition
- ♦ Formal assessment of behavioral changes
- ♦ Physical assessments such as blood screens and EKGs
- ♦ A second opinion on a diagnosis of Alzheimer's disease
- ♦ Counseling and education in available services & studies

Eligible participants are ages 50-95 with memory impairments and/or a diagnosis of Alzheimer's disease.

For more information please call 646 774-8671



COLUMBIA UNIVERSITY
MEDICAL CENTER
Discover. Educate. Care. Lead.



HEALTHY VOLUNTEERS NEEDED

Persons depicted are models being used for illustration purposes only

ELIGIBLE VOLUNTEERS MAY EARN FROM \$500 TO \$8,000 FOR TIME AND TRAVEL

**Join our database and contribute to
Medical Research with Biotrial!**

Healthy volunteers provide researchers with important information for comparison with people who have specific illnesses. People with no known significant health problems are often given the same tests, procedures, or study drugs as patient volunteers so that researchers can compare results and make new discoveries.

Are you at least 18 years old?

NEED MORE INFO?

Call recruitment at
844-246-8459

NO TIME TO TALK?

Email: recruitment@biotrial.com
or register online at biotrial.us

- Biotrial is located at 130 Norfolk Street Newark, NJ with easy access to NJ Transit Norfolk Street light rail station.
- Our Clinical Unit is only 6 minutes from Newark Penn Station and approximately 30 minutes from NY Penn station.





(Above) New York State Gov. Andrew Cuomo. GETTY IMAGES
(Left and below) renderings of the Islanders' new arena. GOV. ANDREW CUOMO



COLUMBIA UNIVERSITY
MEDICAL CENTER
Observing, Educating, Caring, Leading.

THE MEMORY DISORDERS CLINIC

The FIRST EVER Anti-Viral Clinical Trial for Alzheimer's Disease

This research is funded by the National Institutes
of Health (NIH)

Viruses may cause
or contribute to
the pathology of
Alzheimer's Disease.
This research
treatment study
at the **MEMORY
DISORDERS
CLINIC** is the
first-ever clinical
trial to address
this hypothesis.

This study includes:

- Brain imaging
- Clinical assessments
- Anti-viral research treatment with pills
- Eligible participants are ages 55-95



CONTACT US

40 HAVEN AVENUE
NEW YORK, NEW YORK 10032
☎ 646-774-7204

Take Part in a Clinical Research Study

Compensation up to \$3600 or \$5600
depending on study length



**Inflammax Research is looking for healthy males & females
for our clinical research study in New Jersey**
Overnight visits required

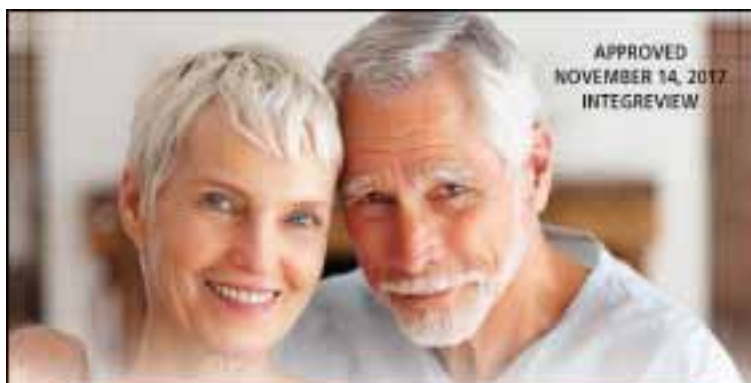
Males & Females of non-child bearing potential
ages 18 - 55

To see if you qualify
Contact us today!



Call
1-888-989-1808

Visit
www.HillTopStudy.com
www.SneezeUSA.com



APPROVED
NOVEMBER 14, 2017
INTERVIEW

BIOTRIAL is recruiting for a study which includes an in-house
stay of 11 days / 10 nights and 1 end of the study visit.

You may be compensated for your time and travel
up to \$3,600 for your participation in the study.

You must be:

- Healthy male or female between 60 - 85 years of age with a BMI between 18 - 30 kg/m².
- Non-smoker or ex-smoker for at least 6 months.

Need more info?

Call recruitment at
(844) 246-8459

No time to talk?

Email recruitment@biotrial.com
or register online at
www.biotrial.com

• Biotrial is located at 130 Norfolk Street Newark, NJ with easy
access to NJ Transit Norfolk Street light rail station.



Islanders eyeing temporary stay at the Nassau Coliseum



The Islanders called the Nassau Coliseum home for 43 years. GETTY IMAGES

The Islanders may be in need of a place to stay while their new arena is being built.



JOE PANTORNO
@JoePantorno
joseph.pantorno@metro.us

While the New York Islanders and New York state were celebrating the victorious bid that will allow the NHL franchise to build a new arena near Belmont Race Track in Elmont, New York, their old home, the Nassau Coliseum, was still in the back of everyone's mind.

At Wednesday's press conference that confirmed the Islanders will be headed back to Nassau County, New York Gov. Andrew Cuomo provided a glimmer of hope to the fans that are yearning to catch a few more games at the redeveloped "Old

Barn."

"[NHL Commissioner Gary Bettman] approved this transaction, which we're very grateful for," Cuomo said. "We're now appealing to the commissioner to see if we can get some of the home games at the Nassau Coliseum until the new arena is built."

With ground expected to be broken on the new Belmont arena this spring, the Islanders will opt out of their 25-year lease with the Barclays Center in Brooklyn with their final season at the arena likely coming in 2018-19. However, the Belmont arena might not

be able to open its doors until the 2020-21 season, which would leave the team homeless for one season.

The Islanders moved out of their original home following the 2014-15 season, putting an end to a 43-year stay in Uniondale. While it was regarded as the premier place to catch a hockey game in terms of sightlines and noise levels (thanks to a low ceiling that made the venue literally rock when big goals were scored), the Coliseum saw few updates since its doors opened in 1972.

Former majority owner Charles Wang attempt-

ed to revamp the entire area on Hempstead Turnpike with the Lighthouse project. But opposition from politicians and residents ensured the updates never happened, forcing the team to search for greener pastures.

The Barclays Center was the greenest pasture available, though the partnership between the venue and the Islanders wasn't a prosperous one.

Upon their departure, the Coliseum underwent extensive renovations and reopened its doors in April, billed as a top-tier concert venue. However, a return by the NHL franchise seemed like a pipe dream considering the arena now only holds around 13,000 patrons, more than 3,000 less than the original.

Bettman offered no real idea whether a temporary return to the Coliseum was possible, but he did take a moment to appeal to recording artist and Long Island native Billy Joel, who regularly sells out Madison Square Garden every month.

"If I think about letting the Islanders play some games at Nassau Coliseum, Gov. Cuomo should think about letting Billy Joel open the new arena."

That seems like a no-brainer to Islanders fans.

MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us

Are you or a loved one suffering from Alzheimer's disease?

NYSPI IRB Approved
12/20/2017 -> 3/3/2018

Free Treatment for individuals ages 55-95 with Alzheimer's disease who have symptoms of Agitation or Aggression



In this research study, eligible participants will receive free:
Medical evaluation
Monitoring of memory and other intellectual functions
12 weeks of study treatment with subsequent follow up

A caregiver needs to be involved during the research study period

If interested, please call (646) 774-8668

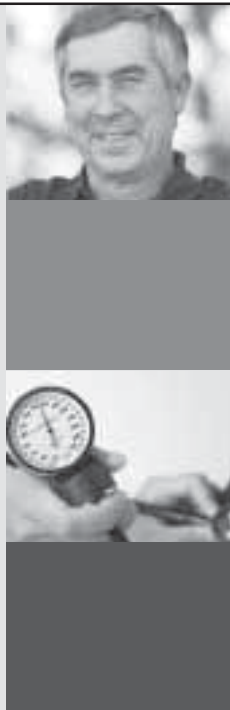
The study is conducted at New York State Psychiatric Institute/Columbia University Medical Center and is funded by the National Institute of Health.

COLUMBIA UNIVERSITY
MEDICAL CENTER
Division of Geriatric Psychiatry

DO YOU HAVE HIGH BLOOD PRESSURE?

You're invited to take part in a study near you that is evaluating an **investigational device for its ability to lower high blood pressure.**

You may qualify if you're **between 20-80 years old** and have high blood pressure or are taking medications to manage your high blood pressure.



To learn more about this study and to see if you're eligible:

Visit www.highbloodpressuretrials.com

Call 877-526-7890



Medtronic
Further. Together

© 2016 Medtronic. All rights reserved. Medtronic, Medtronic logo and Further, Together are trademarks of Medtronic. All other brands are trademarks of a Medtronic company.
V1.0 30Sep2016



NO PRESSURE. NO JUDGMENT

HIV RESEARCH STUDY

We understand HIV can be a roller coaster and it is difficult to stay on HIV medications and go to medical appointments. The Heart to Heart 2 Program addresses these issues **without judgment or pressure.** We get it.

We are looking for people who are **struggling with HIV medications and HIV care** for a research project conducted by the NYU Meyers College of Nursing.

You must be between the ages of 18 - 65 years old, living with HIV, living in the NYC metropolitan area, and African American/Black or Latino/Hispanic to participate.

Contact us at **646-580-2725** for more information and to see if you qualify for the study.
Compensation is provided and your participation is confidential.

Approved by the NYU School of Medicine
IRB #s 15-01480 PI: Marya Gwadz, PhD

LEGAL SERVICES

To advertise, call Sandra Restrepo at
212-457-7753 or email sandra.restrepo@metro.us

GET PAID 212-286-1425 HEALTH AIDE

LAW OFFICE OF WILLIAM C. RAND
501 Fifth Ave., 15th Floor, N.Y., N.Y. 10017

BANKRUPTCY ATTORNEY

Chapter 7 Specialist • One Low Fee for All • Installments
Personal, Caring Attention • Free Consultation

Jay Simon • 718.222.4619

32 Court Street, Suite 805, Brooklyn

Service • Savings • Satisfaction • Simon!

CAREER TRAINING



JOBS

We Train & Place!
Call: 718-263-0750

- PCT • HHA • CNA
- MED Billing/Coding
- M.A • Pharmacy Tech
- EKG/Phlebotomy Tech

- Fashion Designing
- Media concepts: Audio • Video
- Solar Tech
- SAP

FREE TRAINING IF QUALIFIED
Students Visas @ Low Cost

On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY

WWW.ACCESSQUEENS.COM

US Vets
Call Now

PEST CONTROL SCHOOL & SERVICES

**6/9 DAYS/N.Y. STATE APPROVED, CERTIFICATION
& RECERTIFICATION IN BED BUGS, TERMITES,
STRUCTURAL, FOOD PROCESSING & LANDSCAPING**

BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS

1(800) 220-5494 or (718) 205-0557

pestcontrolschoolny.com | pestmanagementsciences@yahoo.com

Call or Text #917.653.0319

Are You HHA?
Upgrade to CNA/PCT!

Home Health Aide (HHA)
Nursing Assistant (CNA)
Patient Care Tech (PCT)
EKG & Phlebotomy Tech
Medical Assistant
Physical Therapy Aide
Medical Billing

* On Site State & National Exam
* Easy Weekly Payment Plan
* Licensed by NYSED
* No accept vouchers from ACCESS-VR, Work Force, DOL

Call Now : 866-487-5432
Access Careers
25 Elm Place, #201, Brooklyn, NY

HHA/CNA Training NYSED

**Slow learner? Long time out
of school? Job Placement
Assistance \$14.09/per hr
All benefits included
Call #718.349.8003**

LEGAL NOTICES

NOTICE OF SALE

SUPREME COURT:
QUEENS COUNTY
WELLS FARGO BANK, NA
SUCCESSOR BY MERGER
TO WELLS FARGO BANK
SOUTHWEST, NA, F/K/A
WACHOVIA MORTGAGE
FSB F/K/A WORLD SAVINGS
BANK, FSB.; Plaintiff(s) vs.
BARBARA J MURRAY; et
al; Defendant(s) Attorney
(s) for Plaintiff (s): ROSICKI,
ROSICKI & ASSOCIATES, P.C.,
2 Summit Court, Suite 301,
Fishkill, New York,
12524, 845.897.1600 Pursuant
to judgment of foreclosure
and sale granted herein on
or about June 9, 2017, I will
sell at Public Auction to the
highest bidder at the QUEENS
COUNTY SUPREME COURT,
located at 88-11 SUTPHIN
BOULEVARD, JAMAICA,
NEW YORK, IN COURTROOM
25. On January 12, 2018 at
10:00 am. Premises known as
183-61 CAMDEN AVENUE,
SAINT ALBANS, NY 11412
Block: 10346 Lot: 0053
ALL that certain plot, piece
or parcel of land, with the
buildings and improvements
thereon erected, situate, lying
and being in the Fourth Ward
of the Borough and County
of Queens, City and State of
New York. As more particularly
described in the judgment
of foreclosure and sale. Sold
subject to all of the terms
and conditions contained in
said judgment and terms of
sale. Approximate amount of
judgment \$489,694.19 plus
interest and costs.
INDEX NO. 22465/13
Dominic A. Villoni, Esq.,
Referee

NOTICE OF SALE

SUPREME COURT:
QUEENS COUNTY
FEDERAL NATIONAL
MORTGAGE ASSOCIATION;
Plaintiff(s) vs. IVAN MANSTRA;
KAMALA MANSTRA; et al;
Defendant(s)
Attorney (s) for Plaintiff (s):
ROSICKI, ROSICKI &
ASSOCIATES, P.C.,
2 Summit Court, Suite 301,
Fishkill, New York, 12524,
845.897.1600
Pursuant to judgment of
foreclosure and sale granted
herein on or about February
2, 2017, I will sell at Public
Auction to the highest bidder at
the QUEENS COUNTY SUPREME
COURT, located at 88-11
SUTPHIN BOULEVARD, JAMAICA,
NEW YORK, IN COURTROOM # 25.
On January 19, 2018 at 10:00 am.
Premises known as 21634
113TH STREET, QUEENS, NY 11429
Block: 11233 Lot: 23
ALL that certain plot, piece or
parcel of land, with the buildings
and improvements thereon
erected, situate, lying and being
in the Borough and County
of Queens, City and State of
New York. As more particularly
described in the judgment of
foreclosure and sale. Sold subject
to all of the terms and conditions
contained in said judgment
and terms of sale. Approximate
amount of judgment \$313,452.47
plus interest and costs.
INDEX NO. 18262/2010
Joseph Trotti, Esq., Referee

LEGAL NOTICES

NOTICE OF SALE

IN FORECLOSURE
STATE OF NEW YORK
SUPREME COURT: COUNTY
OF QUEENS WELLS FARGO
BANK, N.A. Plaintiff, vs.
JOY CHIANG, CHIA HUEY
CHOU, et al., Defendants
PLEASE TAKE NOTICE THAT
In pursuance of a Judgment
of Foreclosure and Sale
entered in the office of the
County Clerk of Queens
County on October 23, 2017, I,
Heidi Henle, Esq., the Referee
named in said Judgment, will
sell in one parcel at public
auction on January 12, 2018 at
the Queens County Supreme
Court, Courtroom #, 25, 88-11
Sutphin Boulevard, Jamaica,
County of Queens, State
of New York at 10:00 A.M.,
the premises described as
follows: 45 29 Robinson
Street a/k/a 4529 Robinson
Street a/k/a 45-29 Robinson
Street Flushing, NY 11355
SBL No. 5202-49. ALL THAT
TRACT OF PARCEL OF LAND
situate in the Borough and
County of Queens, City
and State of New York
The premises are sold
subject to the provisions
of the filed judgment,
Index No. 705024/2016
in the amount of \$232,887.29
plus interest and costs.
Victoria E. Munian, Esq.
Woods Oviatt Gilman LLP
Plaintiff's Attorney
700 Crossroads Building,
2 State St. Rochester,
New York 14614
Tel.: 855-227-5072

NOTICE OF SALE

SUPREME COURT
COUNTY OF QUEENS,
WILMINGTON SAVINGS
FUND SOCIETY, FSB,
DOING BUSINESS AS
CHRISTIANA TRUST,
NOT IN ITS INDIVIDUAL CAPACITY,
BUT SOLELY AS TRUSTEE FOR
BCAT 2015-13ATT, Plaintiff, vs.
RAKESH RAMI; JEET SINGH,
ET AL., Defendant(s).
Pursuant to a Judgment of
Foreclosure and Sale duly filed
on February 22, 2017, I, the
undersigned Referee will sell at
public auction at the Queens County
Supreme Courthouse, Courtroom 25,
88-11 Sutphin Boulevard,
Jamaica, NY on January 19, 2018
at 10:00 a.m., premises known as
80-47 251st Street, Bellerose, NY.
All that certain plot, piece or parcel
of land, with the buildings and
improvements thereon erected,
situate, lying and being in the
Borough of Queens, County of
Queens, City and State of New York,
Block 8564 and Lot 46.
Approximate amount of judgment is
\$536,220.28 plus interest and costs.
Premises will be sold subject to
provisions of filed Judgment
Index # 23624/12.
Kerry Katsoris, Esq., Referee
Knuckles, Komosinski & Manfro, LLP,
565 Taxter Road, Ste. 590,
Elmsford, NY 10523,
Attorneys for Plaintiff

NOTICE IS HEREBY GIVEN
that a license, Number 1306966,
for On Premise Liquor has been
applied for by the undersigned to
sell Liquor, Beer, Wine & Cider at
retail under the Alcoholic Beverage
Control Law at 43 Clinton St., New
York, NY 10002. New York County,
for on premises consumption.
Nova Era Inc. d/b/a Galeria.

LEGAL NOTICES

LEGAL NOTICE NOTICE OF PUBLICATION

Notification hereby is given that Wells Fargo Bank, National
Association, 101 N. Phillips Avenue, Sioux Falls, South
Dakota 57104, has filed an application on December 21, 2017
with the Comptroller of the Currency, as specified in 12
C.F.R. 5.30 of the Comptroller's regulations, for permission
to establish a domestic branch to be known as Bowery &
Houston, 276 Bowery, New York, New York city, NY 10012.

Any person wishing to comment on this application may file
comments in writing with the Large Bank Licensing Lead
Expert, Office of the Comptroller of the Currency, Mail Stop
10E-2, 400 7th Street SW, Washington, DC 20219 within 30
days after the date of this publication. The non-confidential
portions of the application are on file with the Comptroller of
the Currency as part of the public file. This file is available
for public inspection during regular business hours.

NOTICE OF SALE

SUPREME COURT COUNTY OF
QUEENS, 38-12 ASTORIA BLVD
LLC, Plaintiff, vs. CANUTO
RAMOS, ALBERTO RAMOS,
ET AL., Defendant(s). Pursuant
to a Judgment of Foreclosure
and Sale duly filed on January
03, 2017, I, the Undersigned
Referee will sell at public auction
at the Queens County Supreme
Courthouse, Courtroom 25,
88-11 Sutphin Boulevard,
Jamaica, NY on January 19,
2018 at 10:00 a.m., premises
known as 87-11 32 Avenue,
a/k/a 87-11 32nd Avenue, East
Elmhurst, NY 11369. All that
certain plot, piece or parcel of
land, with the buildings and
improvements thereon erected,
situate, lying and being in the
Borough of Queens, County
of Queens, City and State of
New York, Block 1399 and Lot
34. Approximate amount of
judgment is \$926,299.84 plus
interest and costs. Premises
will be sold subject to provisions
of filed Judgment Index #
2187/2010. If the sale is set
aside for any reason, the
Purchaser at the sale shall be
entitled only to a return of the
deposit paid. The purchaser
shall have no further recourse
against the Mortgagor, the
Mortgagee, the Mortgagee's
attorney, or the Referee.
Steven Wimpfheimer, Esq.
Referee
Peter T. Roach & Associates,
P.C. 6901 Jericho Turnpike,
Suite 240 Syosset,
New York 11791
Attorneys for Plaintiff

NOTICE OF SALE

SUPREME COURT
COUNTY OF QUEENS,
BANK AMERICA, N.A.,
Plaintiff, vs.
ANTHONY TIMS A/K/A
ANTHONY D. TIMS, ET AL.,
Defendant(s). Pursuant to a
Judgment of Foreclosure and
Sale duly filed on August 02, 2017,
I, the undersigned Referee will
sell at public auction at the Queens
County Supreme Courthouse,
Courtroom 25, 88-11 Sutphin
Boulevard, Jamaica, NY on
January 19, 2018 at 10:00 a.m.,
premises known as 191-02 110th
Road, Saint Albans, NY.
All that certain plot, piece or parcel
of land, with the buildings and
improvements thereon erected,
situate, lying and being in the
Borough of Queens, County of
Queens, City and State of New York,
Block 10949 and Lot 104.
Premises will be sold subject to
provisions of filed Judgment
Index # 14527/13.
David L. Cohen, Esq. Referee
Berkman, Henoch, Peterson,
Peddy & Fenchel, P.C.
100 Garden City Plaza
Garden City, NY 11530
Attorneys for Plaintiff

REAL ESTATE

Rooms for Rent

All Manhattan/Bronx



Furnished Rooms For Rent!
Cable/Internet Ready! Move
In Today! All utilities Inc.
Starting Just \$150/wk.
Call Us Now: (212) 368-2685

100's Available, All Boroughs



Private Entry Bath Cooking
1 Person/2 Person \$125/wk/room rentals
Studios \$900/wk
212-210-0921

Manhattan & Bronx Rooms



Private rooms in apt. Fully equipped.
Start 150 wfi/cable included.
Move same day! • (212) 862-0030

LEGAL NOTICES

NOTICE IS HEREBY GIVEN
that a license, Number TBA, for
Beer & Wine has been applied for
by the undersigned to sell Beer
& Wine at retail in a Restaurant
under the Alcoholic Beverage
Control Law at 749 9th Ave., New
York, NY 10019. New York County,
for on premises consumption. BR
Chicken Manhattan II LLC.

NOTICE IS HEREBY GIVEN
that a license, Number 1306083,
for On Premises Liquor has been
applied for by the undersigned to
sell Beer, Wine & Liquor at retail in a Restaurant
under the Alcoholic Beverage Control
Law at 81-01 Northern Blvd.,
Jackson Heights, NY 11372. Queens
County for on premises consumption.
Mojitos Restaurant Bar Corp.

metroCLASSIFIEDS
To place an ad call 866-900-9473

metroCLASSIFIEDS To place an ad call 866-900-9473
or visit us at www.metro.us

JOBS

General Help Wanted

HOME HELPER WANTED

HHA FOR GREATER PAY!

Without HHA? You can still
help elderly friends & family
members for great pay!

646-799-6062

646-660-0530 | 646-832-7647

or visit us at: 110 West 34th St.
Suite 1207 Manhattan, M-F, 10-5

Business Operations Analyst

(College Point, NY):

Conduct marketing research on
global logistics services in US and
China. Analyze sales reports to
develop business strategies. Prepare
company's business operating
budgets. Monitor & forecast revenues
& expenses. Compile financial data &
prepare operational reports.

Req.: MA/eq. in Bus. Admin/
Finance/ Accounting or related,
solid knowledge of operations
management, accounting &
financial reporting, business
strategic decision-making.

Proficiency in advanced Excel &
accounting software (Quickbook).

Send resume to
Rely-On Express Inc.
12705 22nd Ave.
College Point, NY 11040.

ITEMS WANTED

Absolute Yes! SAME DAY

!CASH PAID!

\$45 AcuChek 100/Smartview100

888-415-0796 instant!
for Diabetic Test Strips

224 w 116 st, M-F, 2-4 p
or mail in B,C,2,3 trains

metro
CLASSIFIEDS

To place an ad call
866-900-9473
or visit us at
www.metro.us

PSYCHICS

SHIVA SAKTHI INDIAN ASTROLOGER

PSYCHIC & SPIRITUAL HEALER
MASTER : SHIVA GANESH
EXPERIENCED FORTUNE TELLER
MEET HIM ONCE & SEE THE DIFFERENCE
HE CAN HANDLE ANY PROBLEM

Solutions Available
Black Magic * Evil spirits * Generation curses
Bad Luck * Blockage * Negative Energy * Health
Lottery * Reunite Lovers * Business * Job
* Money problems * Jadoo * Children
Mistakes * Court cases & other problems

Specialized in Bringing Back Loved One's Sunday Free Reading
PRIVATE & CONFIDENTIAL **NEW GUARANTEED RESULTS** **Open 7 Days a Week**

347-493-9815

**PRIVATE HOUSE: 103-28, 112 STREET,
SOUTH RICHMOND HILL, QUEENS, NY 11419**

metro**CLASSIFIEDS**

To place an ad call
866-900-9473

or visit us at
www.metro.us

**DEADLINE: 2 BUSINESS
DAYS PRIOR TO
PUBLICATION AT 4 PM.**

PSYCHICS

MOST POWERFUL AFRICAN PSYCHIC



Mr. KALLO
LOVE GURU



39 Years Experienced **LOVE EXPERT**
I BRING BACK LOVED ONES
ONE VISIT & YOU WILL SEE RESULTS.
I NEVER LOOSE ANY CASE

I can Help you in Problems: Marriage, Court case,
Business, Depression, Bond Families, Stop Divorce, Stress
Removal, Bad Luck, Evil eyes, Jadoo & Negative Energy
NO MORE PAIN, NO MORE DISSAPPOINTMENT,
MEET LOVE MASTER TODAY & GET SOLUTIONS

347-271-3493, 917-946-4662

PROFESSOR ABU SALAM

POWERFUL & MYSTICAL AFRICAN
HEALER & SPIRITUALIST.

PROFESSOR SALAM 20 YEARS EXP.
BY ANCESTORS POWERS.

Love Specialist: Reunite Lovers Fast & Effective
Spell & Black Magic & Jadoo * Negative Energy
Luck * Exams * Court * Success * Finances
Family Prob. * Sexual Power * Etc...

72 HOURS RESULTS

WWW.PSYCHICSALAM.COM
MANHATTAN & BROOKLYN

CALL 917-595-9916

SRI HANUMAN JYOTISH MANDIR

Psychic & Astrologer
Pandit: Swamy
**KNOW YOUR PAST,
PRESENT AND FUTURE**

**VEDIC SOLUTIONS
ARE AVAILABLE FOR**
Health Education
Family Job
Marriage Divorce
Love Children
Business Promotion
Court Cases Visa Problem
Husband Wife relationship
Lucky Numbers etc.

ALL RELIGIONS WELCOME
He can perform Devi upasana
Lakshmi Pooja Shanti Pooja
(Prayers) and all so protection
from enemies and jealousy

PRIVATE & CONFIDENTIAL

**Removes Black Magic
in 3 Days & Gives
100% Protection**

929-256-7026

224E. FORDHAM RD. BRONX, NY 10458
Opp. to BURGER KING & POPEYES



Mr. SAIDOU

International Spiritualist
Medium & Psychic Over
40 yrs exp. Bring back loved
ones in the Quickest Way,
Stop Infidelity, Business

Success, Exams & Career, Black Magic
Specialist, Clear Negativity, Bad Luck,
Protection, Sexual Problems etc.
Results in 7 Days Guaranteed.

Call 516-206-8543 and 646-339-9948

www.spiritualsaidou.com

132nd Street, 7th Ave., Manhattan, NY



PROFESSOR
Gassama
SPIRITUAL HEALER
& CLAIRVOYANT
40 YEARS EXP.

Specialize in Relationship & Love, Black Magic, Bad Luck,
Business, Job Exams, Divorce, Court Cases, Immigration, Etc...

Breaking black magic and evil, depression, Infertility &
Impotency. Quick Results Your Pain is my responsibility.

Seek help from Prof. Sheikh 3/7 Days Results.

Payment plan available.

545 Edgecombe Ave. By W 159th st. Manhattan

917-922-2294

WORLD RENOWNED POWERFUL SPIRITUALIST & HEALER

PANDIT: GAUTAM

Today is your day to let go of All Negative things

I AM THE KEY TO YOUR SUCCESS
EXPERT IN READING PAST PRESENT * FUTURE

Solves Problem Like
Depression, Love, Job, Money,
Business, Jealousy, Husband & Wife,
Blockage etc.



**I WILL REMOVE & DESTROY, BAD LUCK, WITCHCRAFT, OBEAH,
JADOO, VOODOO, BLACK MAGIC, PERMANENTLY**

Worrying is wasting energy on the things you can't control Leave everything in my hand
SPECIALIZED IN BRINGING LOVED ONES BACK
RESULTS BETWEEN 3/9 DAYS

929-278-7667

104-12, 115th St, S. Richmond, NY-11419, (Pvt Home/office)

INDIAN ASTROLOGER & PSYCHIC READER

Most Powerful PANDIT: VIKRAM RAJ

**IF YOU HAVE PROBLEMS,
I HAVE SOLUTIONS.**
100% Removal of Black Magic,
Bad Luck, Voodoo, Obeah, Witch Craft
**Know Your
Past, Present & Future**

Specialized in bringing loved ones back
Vedic Solutions Available for:

• BLACK MAGIC • BUSINESS • COURT CASES
• EVIL SPIRITS • WORK PROBLEMS • DRINKING PROBLEMS
• BAD LUCK • FINANCIAL PROBLEMS • HEALTH PROTECTION
• REUNITE LOVERS • WIFE AND HUSBAND PRO • CHILDLESS COUPLES
• STOP DIVORCE • CHILDREN MISTAKES • SEXUAL PROBLEMS
• DEPRESSION • CHILDREN MISTAKES • SEXUAL PROBLEMS

CALL FOR APPOINTMENT **PRIVATE & CONFIDENTIAL**

347-279-7360

104-14 118th Street, Liberty Ave, S. Richmond Hill, NY 11419
(private house)

SRI DURGA MATHA ASTROLOGER

Pandit: RAMJI

Most Powerful Spiritualist

All Religions Welcome



TAKE RIGHT DECISION AT RIGHT TIME

**Expert in Palm Reading,
Horoscope and Face Reading**

**ALL READING
ARE PRIVATE AND
CONFIDENTIAL**

**Mastero Genius in Get Rid of Black Hearts, Black Magic, Jadoo, Butu,
Obeah, Witchcraft, Voodoo, All types of Evil Spirits, Generation Curses, etc.**

EXPERT GIVING LIFE LONG PROTECTION

He will help in:
• Business Investments • Love Problems • Worries about • Money Blessing
• Jealousy • Enemy Problems • Loved ones • Family Arguments
• Childless Couples • Money Problems • House Protection • Drinking Problems
• Depression • Sexual Problems • Work Problems • and many more

646-541-5897

2377 CRESTON AVE, (BRONX) NY 10468



Across

- 1 Japanese verse
- 6 Graceful horse
- 10 Extinct bird
- 14 Novelist -- Drury
- 15 Pay-stub acronym
- 16 During
- 17 Did a lawn chore
- 18 Very uncommon
- 19 Heal, as a bone
- 20 Put out of joint
- 22 Hill builders
- 23 Unconscious state
- 24 Unit of work
- 26 Part of a fist
- 30 Painter Georgia --
- 34 Specks
- 35 Snakes do it
- 36 Hawaii's Mauna --
- 37 Adorn with ornaments
- 38 Animal's track
- 40 Avec's opposite
- 41 PC bailout key
- 42 Hauled into court
- 43 Put -- (save)
- 44 Very hot
- 46 More than two
- 48 House addition
- 49 Hold one's own
- 50 Boat runway
- 53 Mountain hazards
- 59 Sandwich cookie
- 60 Japanese soup

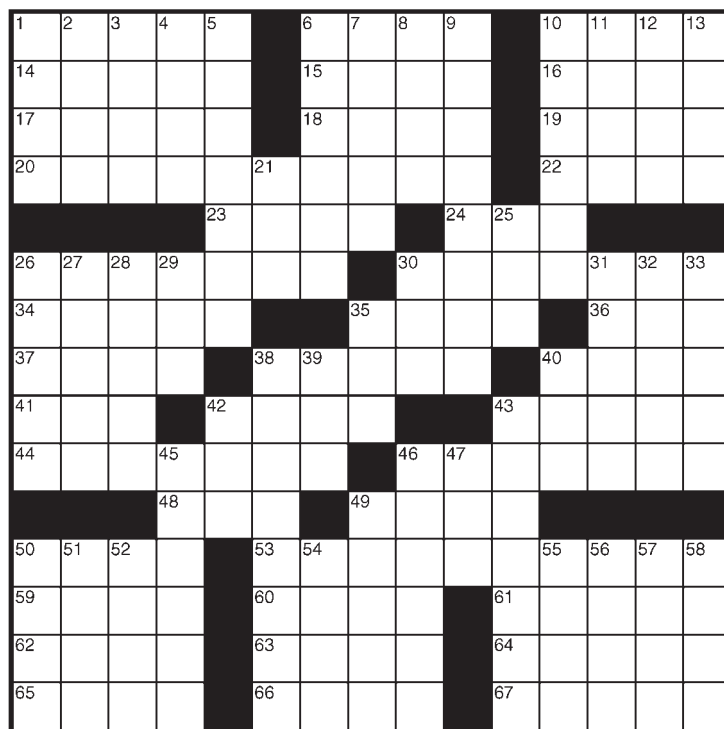
- 61 Hotel patron
- 62 Tunes
- 63 Aspirin target
- 64 Use Artgum
- 65 Show enthusiasm
- 66 Work doggedly
- 67 Scatter

Down

- 1 Difficult
- 2 Range in Asia
- 3 Classes
- 4 Faint, with "over"
- 5 Leaves the space station
- 6 Ski-lodge type (hyph.)
- 7 Lariat
- 8 Real estate unit
- 9 Guidebook for travelers
- 10 Injure
- 11 Prophetic sign
- 12 Force
- 13 Bookie's figures

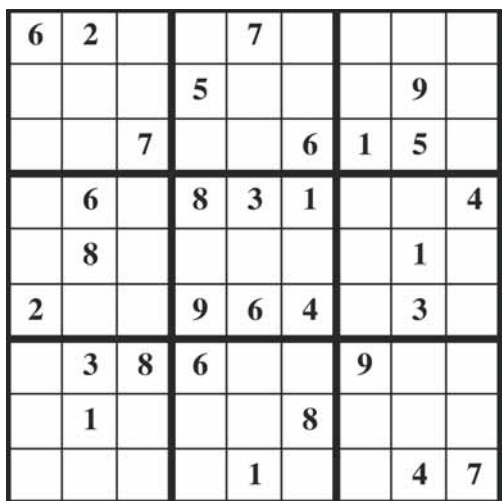
- 21 Rank above maj.
- 25 Stop signal
- 26 Wind catchers
- 27 They wrote in runes
- 28 City in New York
- 29 Motor part
- 30 Discoverer's shout
- 31 Natural talent
- 32 "Klute" star
- 33 Studio feature
- 35 Grassy surface
- 38 Artificial tan sources
- 39 Cribbage counter
- 40 NNW opposite
- 42 Part of RSVP
- 43 Gets even for
- 45 Sleep
- 46 Casual goodbye (2 wds.)
- 47 PCB regulator
- 49 Timex rival
- 50 Waterfall sound
- 51 La Scala highlight
- 52 Griffin of game shows
- 54 Small bottle
- 55 Short-spoken
- 56 Get wind of
- 57 Latin I verb
- 58 Burgoo or daube

metro.us/crossword

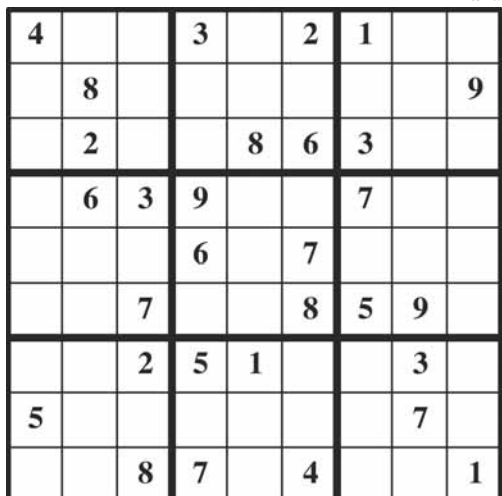


metro.us/sudoku

easy



hard



metro.us/horoscopes



Aries A personal change can be made. You'll feel good about the way you look and feel if you choose a healthy lifestyle and project self-confidence. Romance is highlighted.



Taurus You'll face opposition if you are physically, emotionally or financially excessive. Consider the consequences and show more discipline in the way you live, act and spend.



Gemini Don't take on responsibilities that don't belong to you. Too much of anything will leave you in a vulnerable position. Aim to please, but stay within your budget.



Cancer Don't be fooled by a smooth talker. When it comes to handling your money and personal affairs, you need to take charge. Use your imagination to find a workable solution.



Leo Take care of your responsibilities or someone will complain. You can have fun after you take care of business. A personal change will lead to compliments.



Virgo Keep your eye on the ball. Don't let emotions drag you off-course. It's important to search for truth and to make your decisions based on facts, not on assumptions.



Libra Taking on too much will make you anxious. You are best off finding a way to cut back. A realistic assessment will help you make fewer unrealistic promises.



Scorpio Don't let your emotions take control when dealing with friends. You may not agree with everyone, but diplomacy should be implemented in the spirit of the season.



Sagittarius Move things around at home to suit your current situation. Visitors or guests will appreciate your hospitality and want to return the favor in whatever way possible.



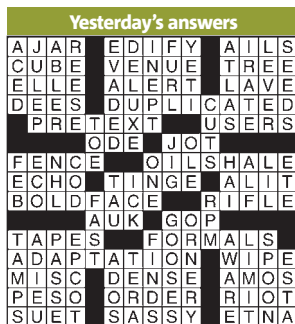
Capricorn Look at the possibilities that are within reach, and hone in on what it is you want to accomplish before the year comes to a close. Set realistic goals.



Aquarius Emotions will surface, making it difficult for you to make a decision. Don't let anger or remorse dictate how you deal with others. Do what's best for you.



Pisces A change of heart will disrupt your plans. Try not to show disappointment. If you carry on, you will be surprised by the outcome. EUGENIA LAST



Can't wait until tomorrow to check your answers? Visit metro.us



metro As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • Metro New York 120 Broadway, New York, NY 10271 • main 212-457-7790 • to advertise 212-457-7735 • Press releases pressrelease@metro.us • sales fax 212-952-1505 • Chief Revenue Officer Ed Abrams, Ed.Abrams@metro.us • U.S. Circulation Director Joseph Lauletta • U.S. Marketing Director Wilf Maunoir • email sales advertising@metro.us • email distribution distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • Editor in Chief Aleksander Korab, aleksander.korab@metro.us • Managing Editor Morgan Rousseau, morgan@metro.us • Site Director Linnea Zielinski, linnea.zielinski@metro.us • Night Editor Jason Nuckolls, jason.nuckolls@metro.us • Art Director Billy Becerra, billy.becerra@metro.us • Sports Editor Matt Burke, matt.burke@metro.us • Features Editor Joshua Crouthamel, joshua.crouthamel@metro.us • Entertainment/TV Editor Matthew Juul, matt.juul@metro.us • Going Out Editor Eva Kis, eva.kis@metro.us • Head of Production Matt Prowell, matt.prowell@metro.us





**CAROLINA
HERRERA**
OVER **85% OFF**

Century 21
Stores

C21STORES.COM

DESIGNER BRANDS, AMAZING PRICES